NOCHI’S TRAVELS

to

OAXACA, MEXICO D.F.
AND AROUND YUCATAN

November 3 – December 21, 2013
<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tbody>
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<td>3</td>
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<td>5</td>
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<tr>
<td>Go to NYC Eat at Sofrito's</td>
<td>Fly to DF Eat at Merced Fly to Oaxaca</td>
<td>Tule Hierre el Agua Mitla</td>
<td>Benito Juarez Cave</td>
<td>Travel to Puebla</td>
<td>Xochitecatl Cacaxtl Tlaxcala</td>
<td>Mexico DF Templo Rivera’s Paintings</td>
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<td>10</td>
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<td>12</td>
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<td>Acuña’s Frida’s Belles Artes</td>
<td>Mexico DF</td>
<td>Acuña’s Tulvehualco</td>
<td>Acuña’s Volcano</td>
<td>Mexico DF Theater</td>
<td>Chapultepec Theater</td>
<td>Airport Moros y Cristianos in Tlauac</td>
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<td>17</td>
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<td>Amecameca</td>
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<td>Cuautla</td>
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<td>Cuernavaca</td>
<td>Mexico DF Acuña’s</td>
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<td>Flowers at the Jamaica Flower Market</td>
<td>Flight to Cancun</td>
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<td>Cenotes with Juan and Lupe</td>
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<td>Cooking with Matha and Lupe</td>
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<td>Ecab and El Tintal with Juan and Lupe</td>
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<td>Shopping in Valldolid Ek Balam</td>
<td>More shopping in Valldolid</td>
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<td>Mucuy arrives</td>
<td>Ruta David Valldolid Shopping</td>
<td>Ruta David Valldolid Shopping</td>
<td>Izamal Ake Mushrooms Merida</td>
<td>Kom Cheen Acan Ceh Oxcutczab</td>
<td>Ruta Puuc Lol Tun Ruins Merida</td>
<td>Kom Cheen Izamal Cancun</td>
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Sunday, November 3, 2013

Carlos and Ivette Colon take us to a hotel at the JFK airport so that we can be at the airline counter at 4:30 AM.

We invited them to eat in Manhattan at Sofrito’s
Monday, November 4

While waiting for the connecting plane to Oaxaca we eat at La Merced
Arriving at Chris and Mucuy’s rented house in Oaxaca
Tuesday, November 5
Getting ready to go on a tour
But first breakfast at Mucuy’s favorite place
Check out one of the churches on the way to the tour bus
At the Tule Tree in Santa Marí́a de Tule
Mucuy spinning at Teotitlan del Valle
Hierve el Agua, Oaxaca
At Mitla
Wednesday, November 6
A tour of the Sierras Orientales

[Images of a group of people standing on a mountain trail]

[Images of a clear blue sky and mountain landscape]

[Images of a group of people standing on a rock ledge]

[Images of a group of people standing in front of a mountain range]
At Benito Juarez’ Birthplace
Where Benito Juarez was baptized
At a trout farm for lunch
Going into a cave
At a waterside park
Thursday, November 7

In the Market in Puebla
Sitting down for dinner in the market in Puebla
Friday, November 8
A view of Popocatepetl and Iztac Zihuatl from the hotel deck
A tour of Xochitecatl, Cacaxtla and Tlaxcala

The entrance to Xochitecatl
But first, a snack on chapulines (grasshoppers)
At a taco stand at the ruins of Cacaxtla
Saturday, November 9
Mexico City
on one side of the Cathedral
At the ruins of El Templo Mayor
In the Palacio de Gobierno to see Diego Rivera’s murals
At Nochi’s favorite taco stand near the Zocolo.
And now for some roasted corn!
At the Plaza Garibaldi
to see the mariachi bands
Sunday, November 10: At René Acuña’s

And at Frida Kahlo’s in Coyoacan
A Night at Belles Artes
Monday, November 11
Checking out how the rich people live!
Tuesday, November 12
At Tulyehualco for more corn-on-the-cob!
Wednesday, November 13
At René Acuña’s house
Thursday, November 14
Eating out at Tulyehualco
Friday, November 15
At Chapultepec Park
Saturday, November 16

In Tlahuac on our way back to Acuña’s house
Monday, November 18
Amecameca to see Popocatepetl and Iztac Zihuatl
Climbing Popocatepetl

and Itzac Zihuatl
Tuesday, November 19

In the morning out of our hotel window
Getting ready to go for a tour
of Popocatepetl and Iztac Zihuatl
On the flank of Popocatépetl
On the flanks of Iztac Zihuatl
A View of Iztac Zihuatl
from the Zocolo of Amecameca
Wednesday, November 20
Walking to the bus station
to catch the bus to Cuautla
Delicacies in Cuautla: Chapulines and Chumiles
At the train station in Cuautla
Thursday, November 21

Our hotel room in Cuernavaca
And the amazing paintings inside it
The Spaniards were certainly really nice people!!!
Friday, November 22
On our way back to Mexico City
Sunday, November 24
At the flower market called Jamaica
Wednesday, November 27
At the cenote Sac Ha in X-Can
Sunday, December 1
Making lunch at Lupe Morales’ house
At El Mico
Wednesday, December 4
Our trip to Ecab and El Tintal
Humm! It all starts off peacefully enough!
But then the seas got rough!
so we got very wet!
The ruins at El Tintal
In the mangrove swamp
Getting ready for the trip home
Wednesday, December 11
A shopping trip to Valladolid
Nochi’s favorite taco stand
At Ek Balam
Buying squash seeds for the restaurant
Peeling the squash seeds while waiting for the car to get fixed
Tuesday, December 17
The trip with Mucuy on the Ruta David
and on to Ruta Puuc
Wednesday, December 18
In the Franciscan Friary in Valladolid
At Izamal
Mayan motifs hiding in the masonry
The Ruinas de Ake and mushroom hunting
Thursday, December 19

In Kom Cheen with Mam Goya and Don Lio
In Acan Ceh
Friday, December 20

In Oxcutzcab and for the Ruta Puuc
At the caves of Lol Tun
At Lab Na
At X-La Pak
At Sayil
At Noh Cacab
The Actun at Noh Cacab

This actun at Noh Cacab, which is now covered over with a drain grate is said to lead to the sacred well at Mani. The man standing in front of the grate, don Cantun, repeated the story often told about these passageways of the underworld. From these various stories it appears that the cenote at Mani is the focal point for many of these passageways, with passageways leading to the various important Mayan sites, some now ruins like Chi Cheen Itza and Uxmal, and some still living cities such as Ho (Merida) and Itzmal (Izamal).

Various spirits, especially the aluxes (dwarves), scurry long these subterranean passageways from one site to another.

At the cenote at Mani there lives an important mythical figure called X-Nuc Mani, or the Old Woman of Mani. The water in the cenote of Mani will be the last water available to drink when the end of the world comes, and in order to get a drink of water people have to sell their children to her, one cocoyol (about the size of a thimble) full of water for each child.
Dinner at Muna
Saturday, December 21: Breakfast at Dzibil Chatun
On the road home from Izamal through Valladolid back to Cancun.