

NOCHI'S TRAVELS

to

OAXACA, MEXICO D.F.
AND AROUND YUCATAN

November 3 – December 21, 2013

NOCHI'S TRAVELS

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 Go to NYC Eat at Sofrito's	4 Fly to DF Eat at Merced Fly to Oaxaca	5 Tule Herve el Agua Mitla	6 Benito Juarez Cave	7 Travel to Puebla	8 Xochitecatl Cacaxtla Tlaxcala	9 Mexico DF Templo Rivera's Paintings
10 Acuña's Frida's Belles Artes	11 Mexico DF	12 Acuña's Tulyehualco	13 Acuña's Volcano	14 Mexico DF Theater	15 Chapultepec Theater	16 Airport Moros y Cristianos in Tlaluc
17 Amecameca	18 Amecameca	19 Cuautla	20 Cuautla	21 Cuernavaca	22 Mexico DF Acuña's	23
24 Flowers at the Jamaica Flower Market	25 Flight to Cancun	26	27 Cenotes with Juan and Lupe	28	29	30
1 Cooking with Matha and Lupe	2	3	4 Ecab and El Tintal with Juan and Lupe	5	6	7
8	9	10	11 Shopping in Valldolid Ek Balam	12 More shopping in Valldolid	13	14
15 Mucuy arrives	16	17 Ruta David Valldolid Shopping	18 Izamal Ake Mushrooms Merida	19 Kom Cheen Acan Ceh Oxcutzcab	20 Ruta Puuc Lol Tun Ruins Merida	21 Kom Cheen Izamal Cancun

Sunday, November 3, 2013

Carlos and Ivette Colon take us to a hotel
at the JFK airport so that we can be at the
airline counter at 4:30 AM.

We invited them to eat in Manhattan at Sofrito's

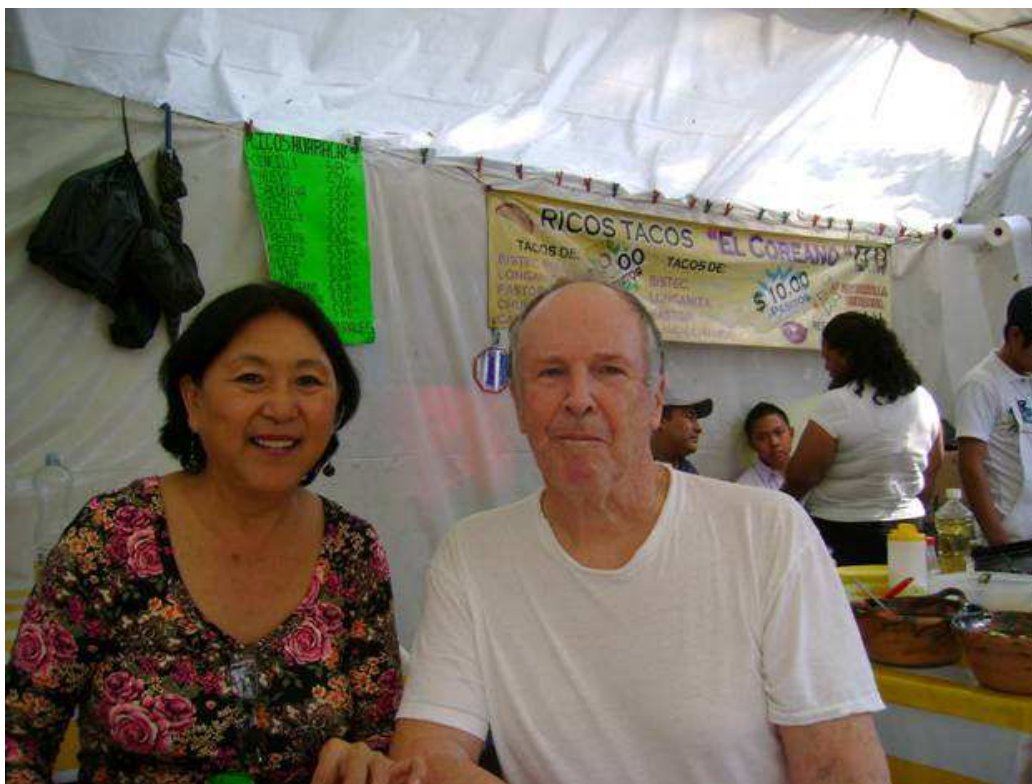






Monday, November 4

While waiting for the connecting plane to Oaxaca
we eat at La Merced



Arriving at Chris and Mucuy's rented house in Oaxaca



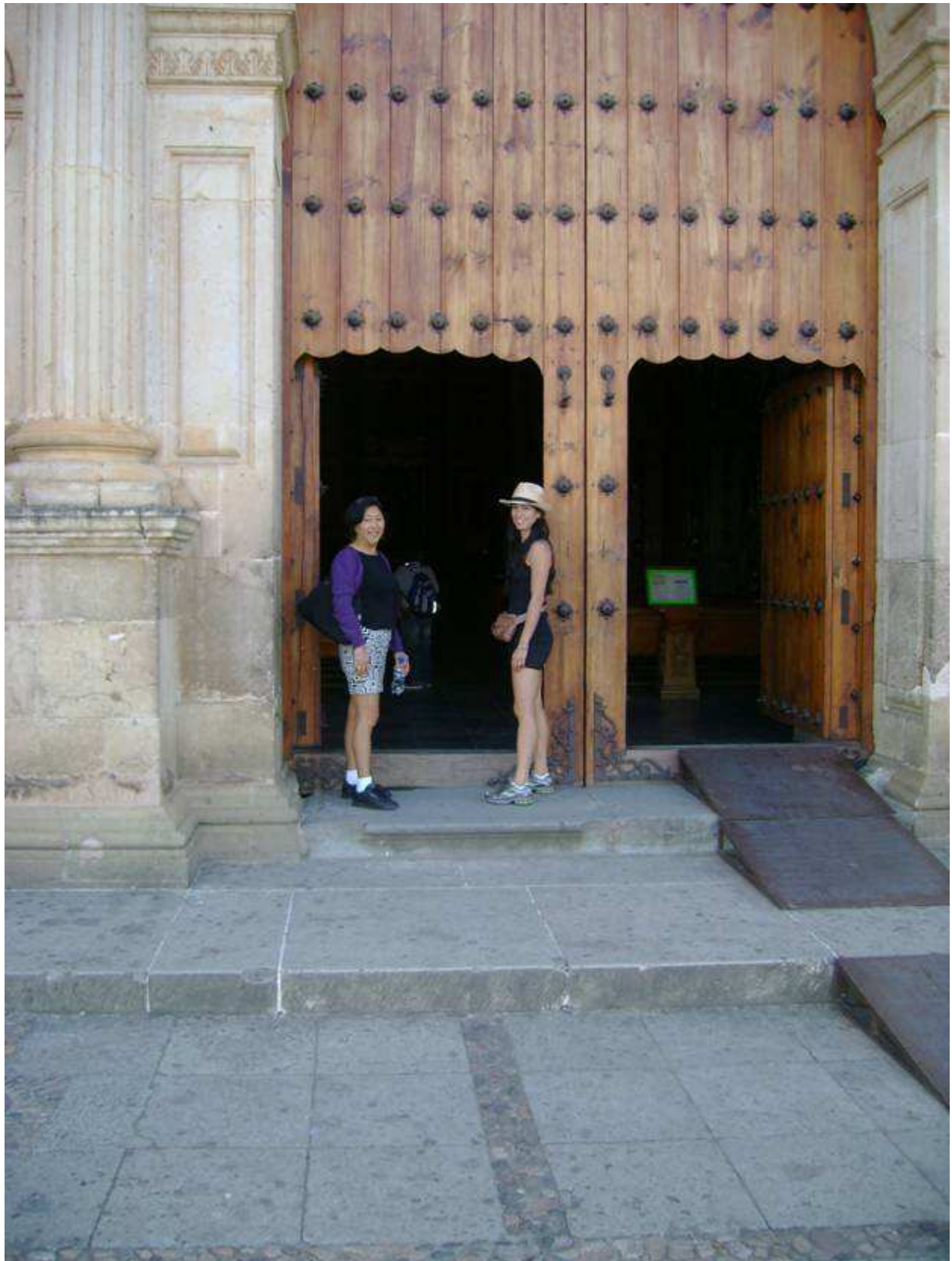
Tuesday, November 5
Getting ready to go on a tour



But first breakfast at Mucuy's favorite place



Check out one of the churches on the way to the tour bus







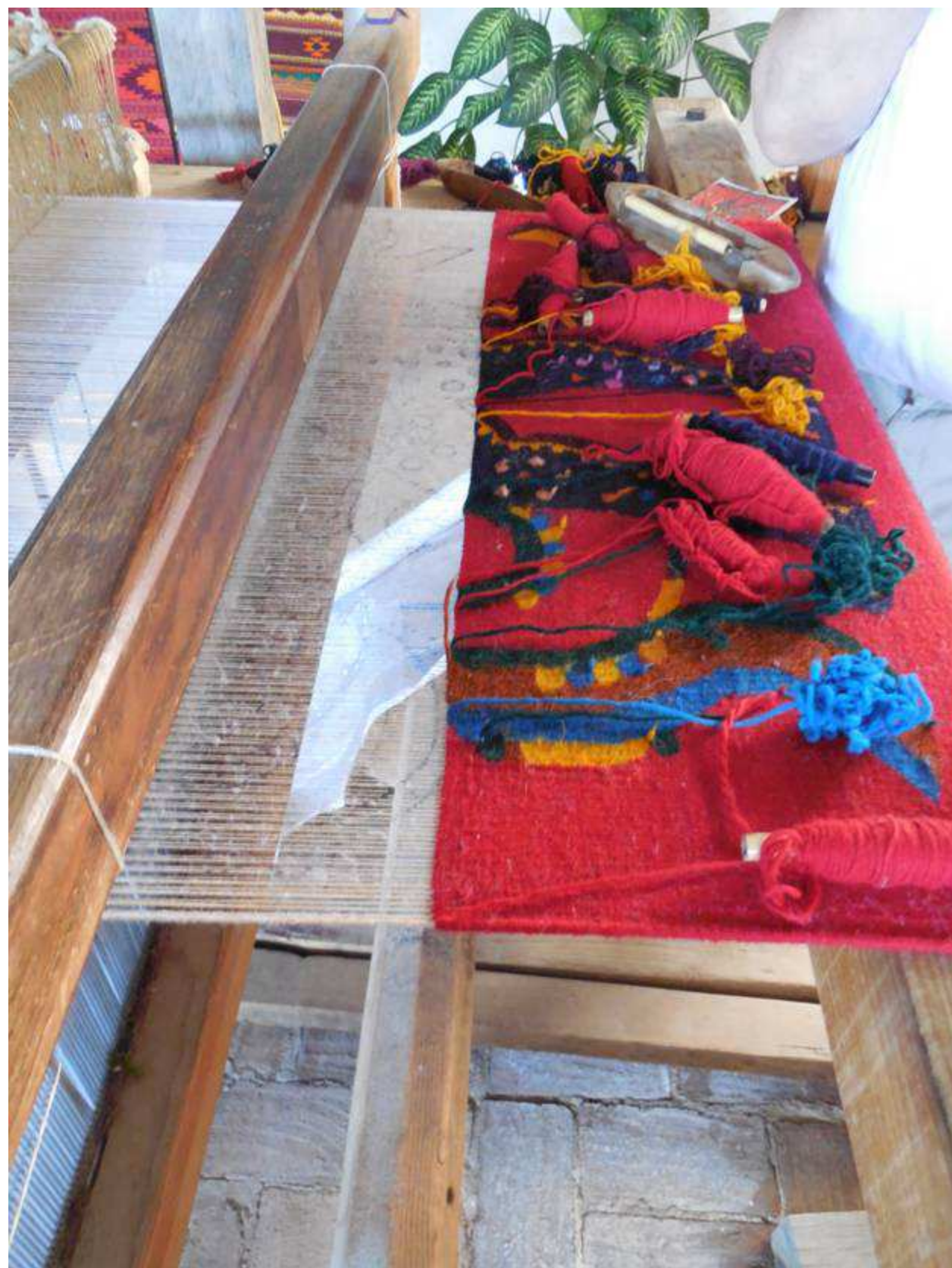
At the Tule Tree in Santa María de Tule





Mucuy spinning at Teotitlan del Valle









Hierve el Agua, Oaxaca

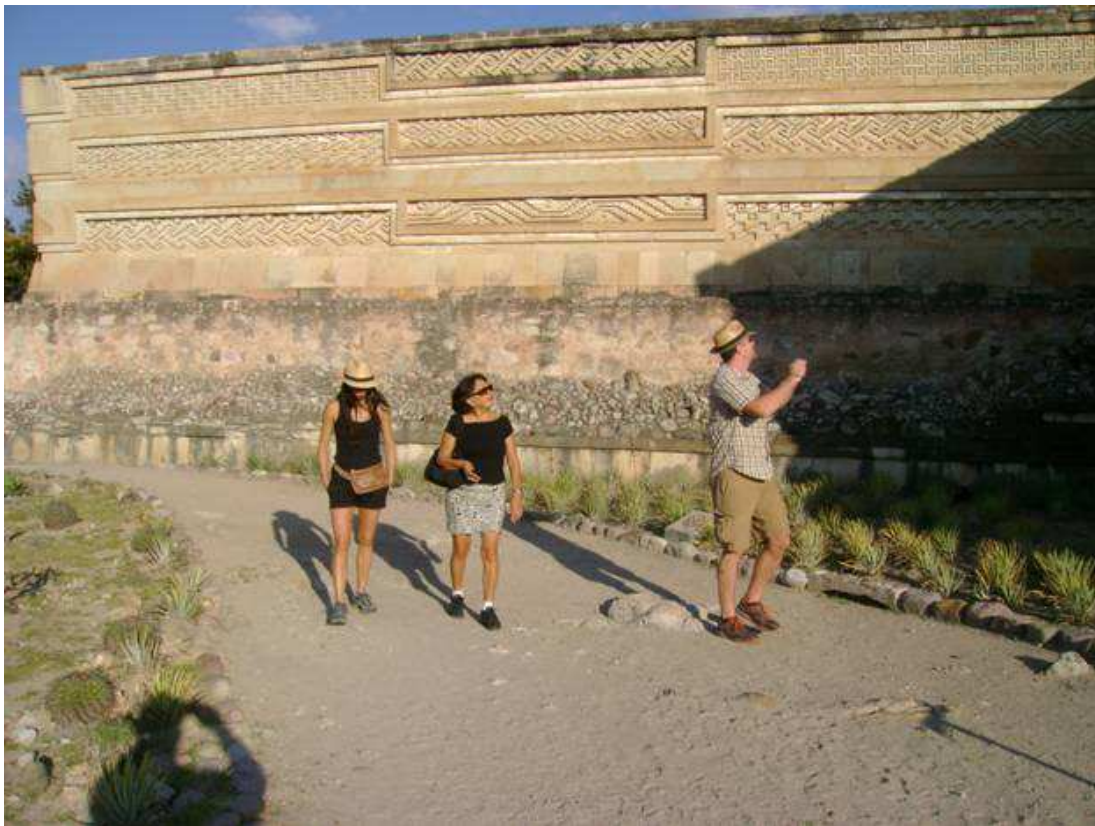


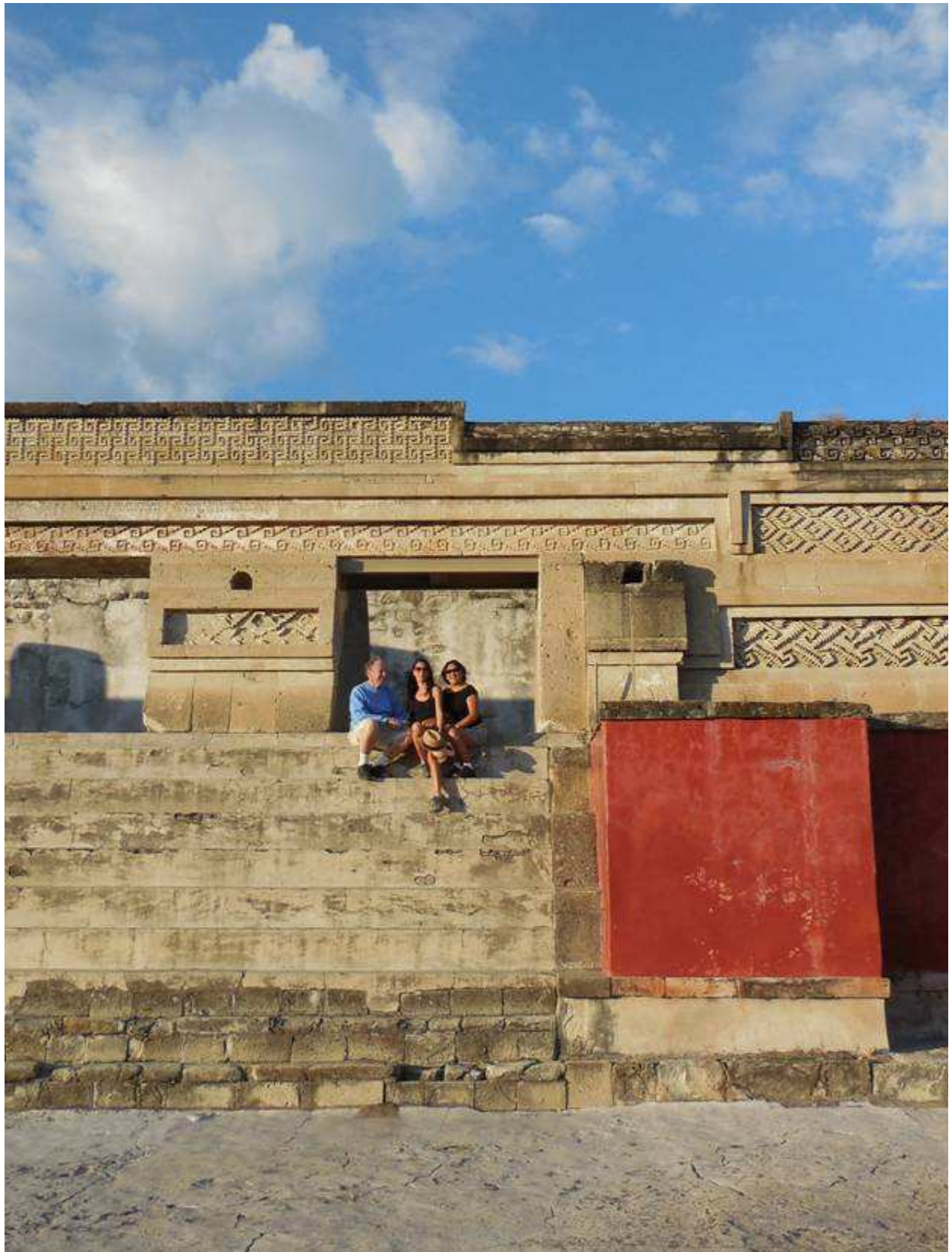




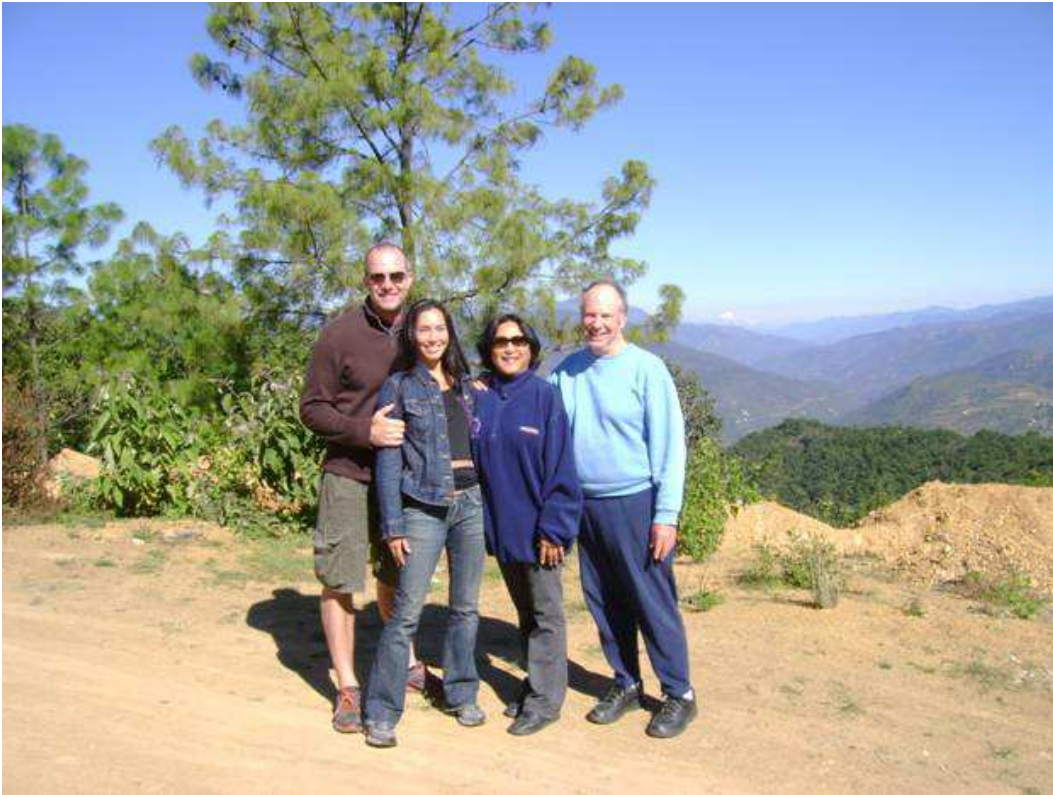


At Mitla





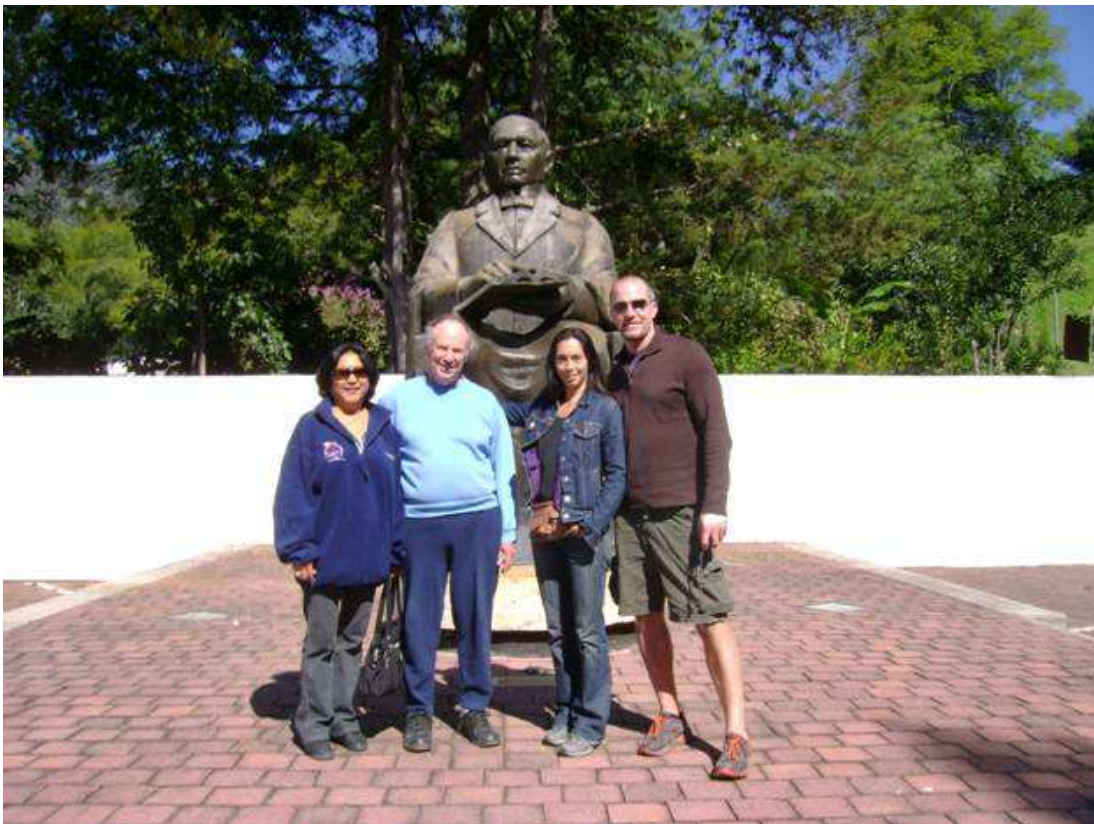
Wednesday, November 6
A tour of the Sierras Orientales







At Benito Juarez' Birthplace













Where Benito Juarez was baptized





At a trout farm for lunch



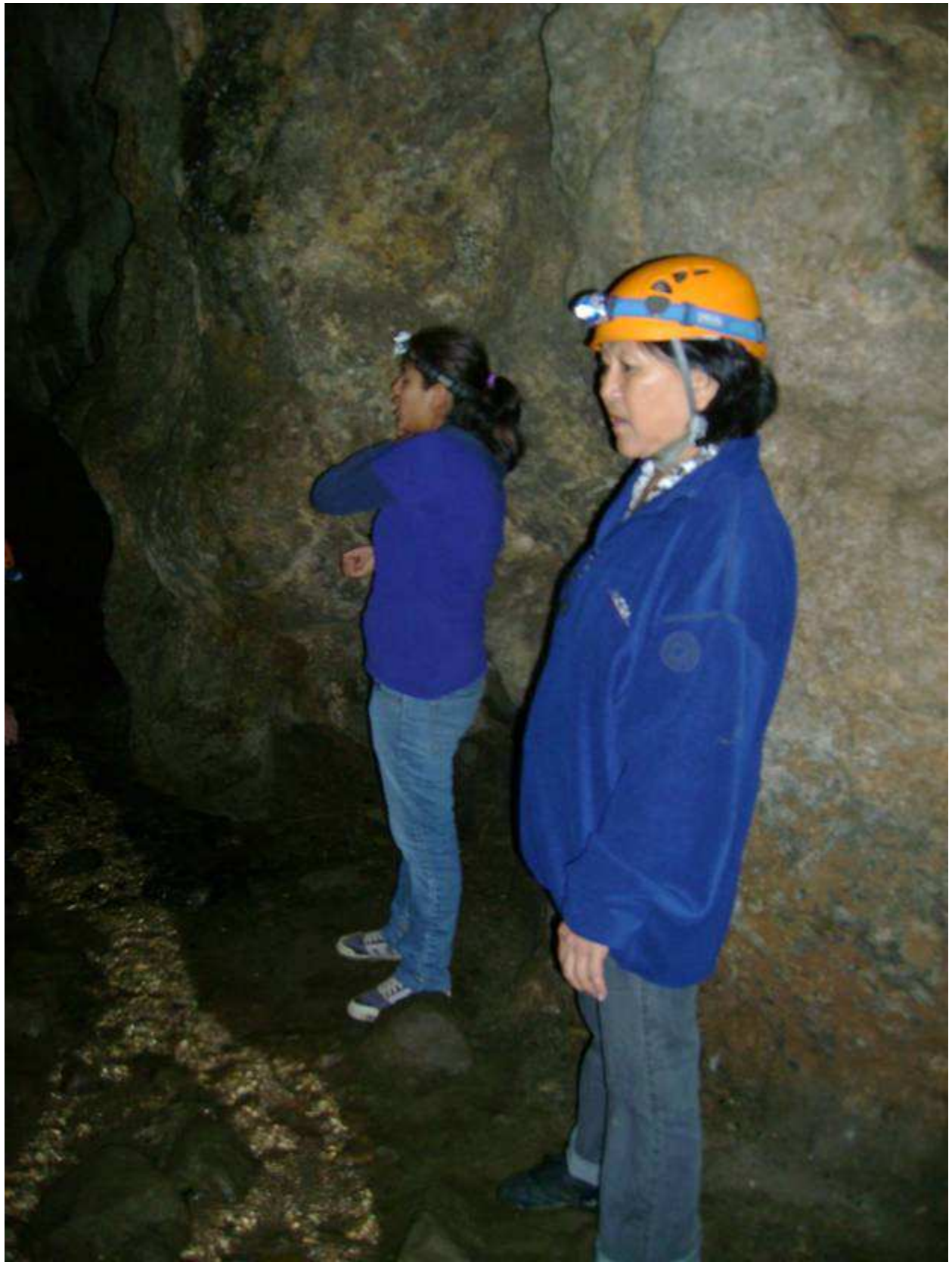


Going into a cave

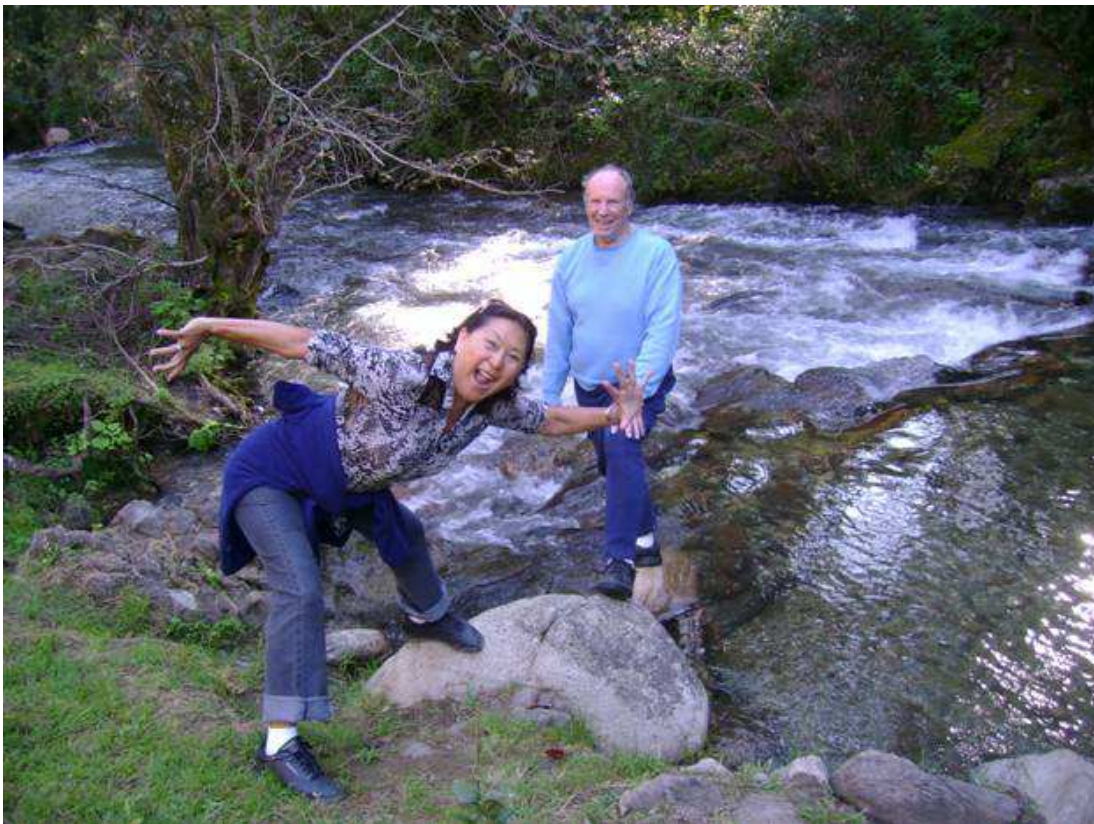








At a waterside park















Thursday, November 7
In the Market in Puebla





Sitting down for dinner
in the market in Puebla











Friday, November 8

A view of Popocatepetl and Iztac Zihuatl
from the hotel deck



A tour of Xochitecatl, Cacaxtla and Tlaxcala

The entrance to Xochitecatl



But first, a snack on chapulines (grasshoppers)



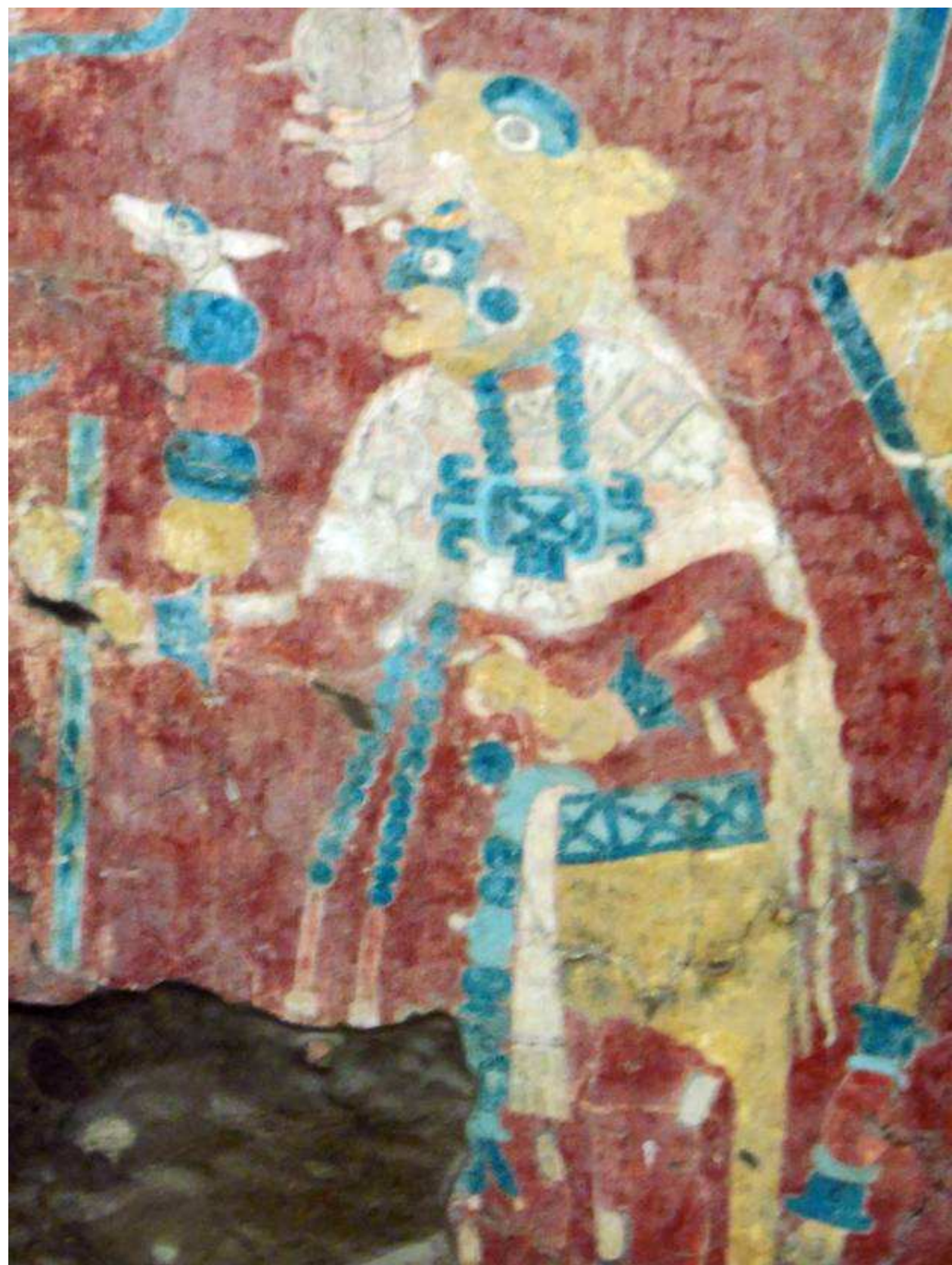




At Cacaxtla









At a taco stand at the ruins of Cacaxtla



In Tlaxcala







Saturday, November 9
Mexico City
on one side of the Cathedral





At the ruins of El Templo Mayor

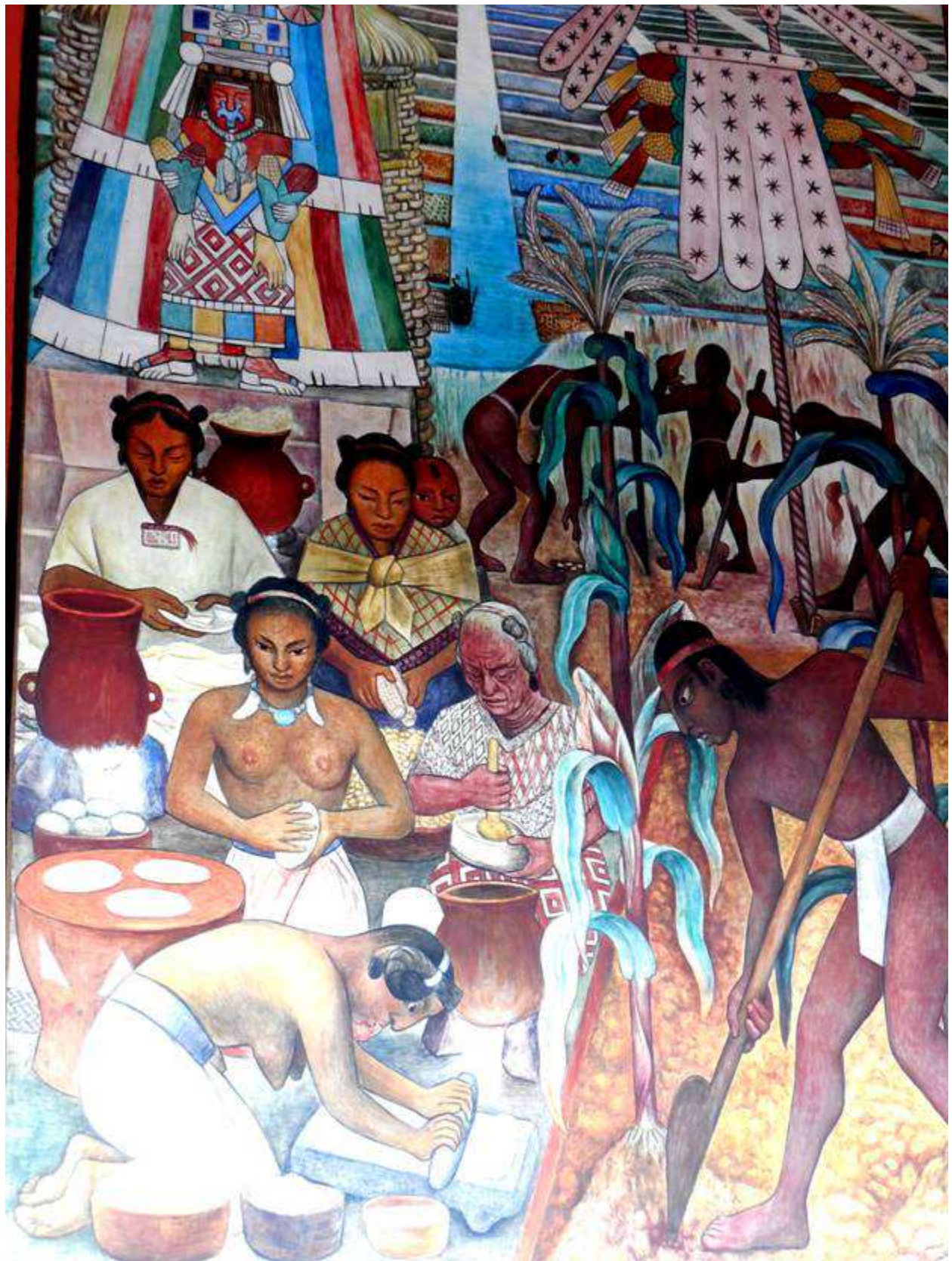


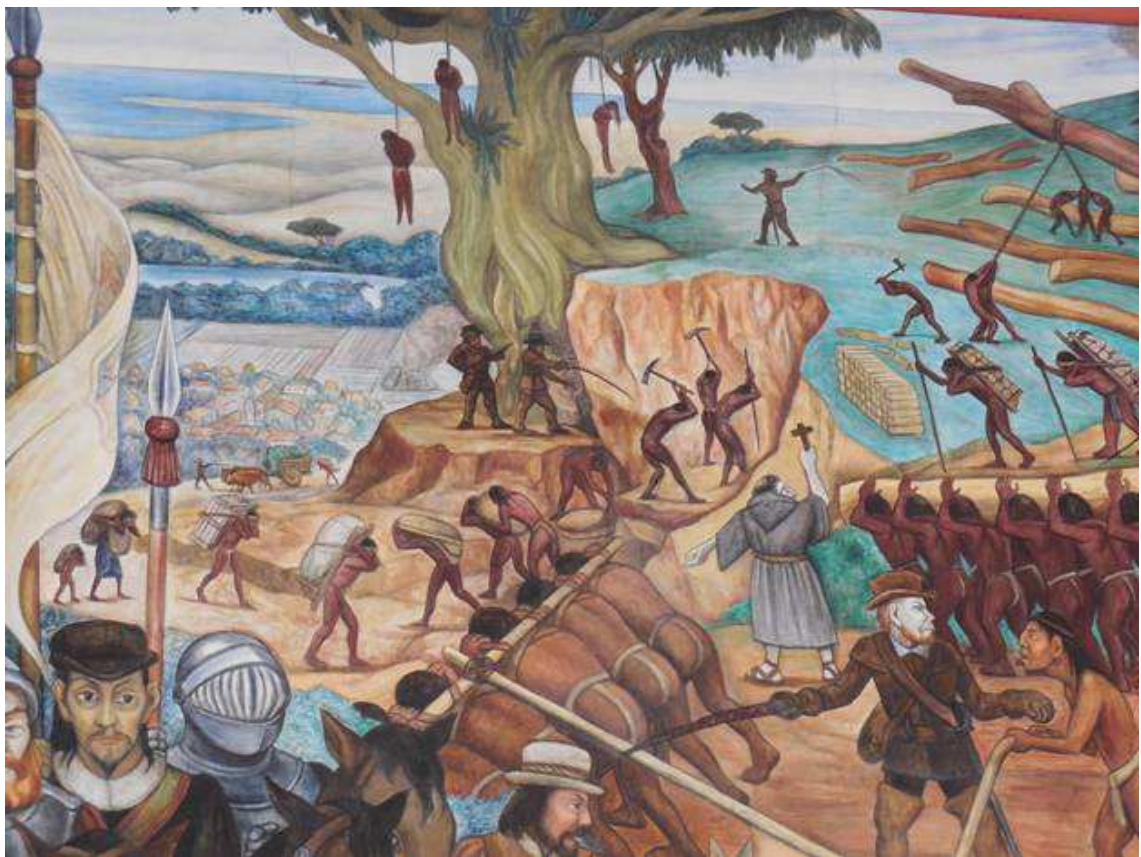


In the Palacio de Gobierno to see Diego Rivera's murals















At Nochi's favorite taco stand near the Zocolo.







And now for some roasted corn!





At the Plaza Garibaldi
to see the mariachi bands





Sunday, November 10: At René Acuña's



And at Frida Kahlo's in Coyoacan

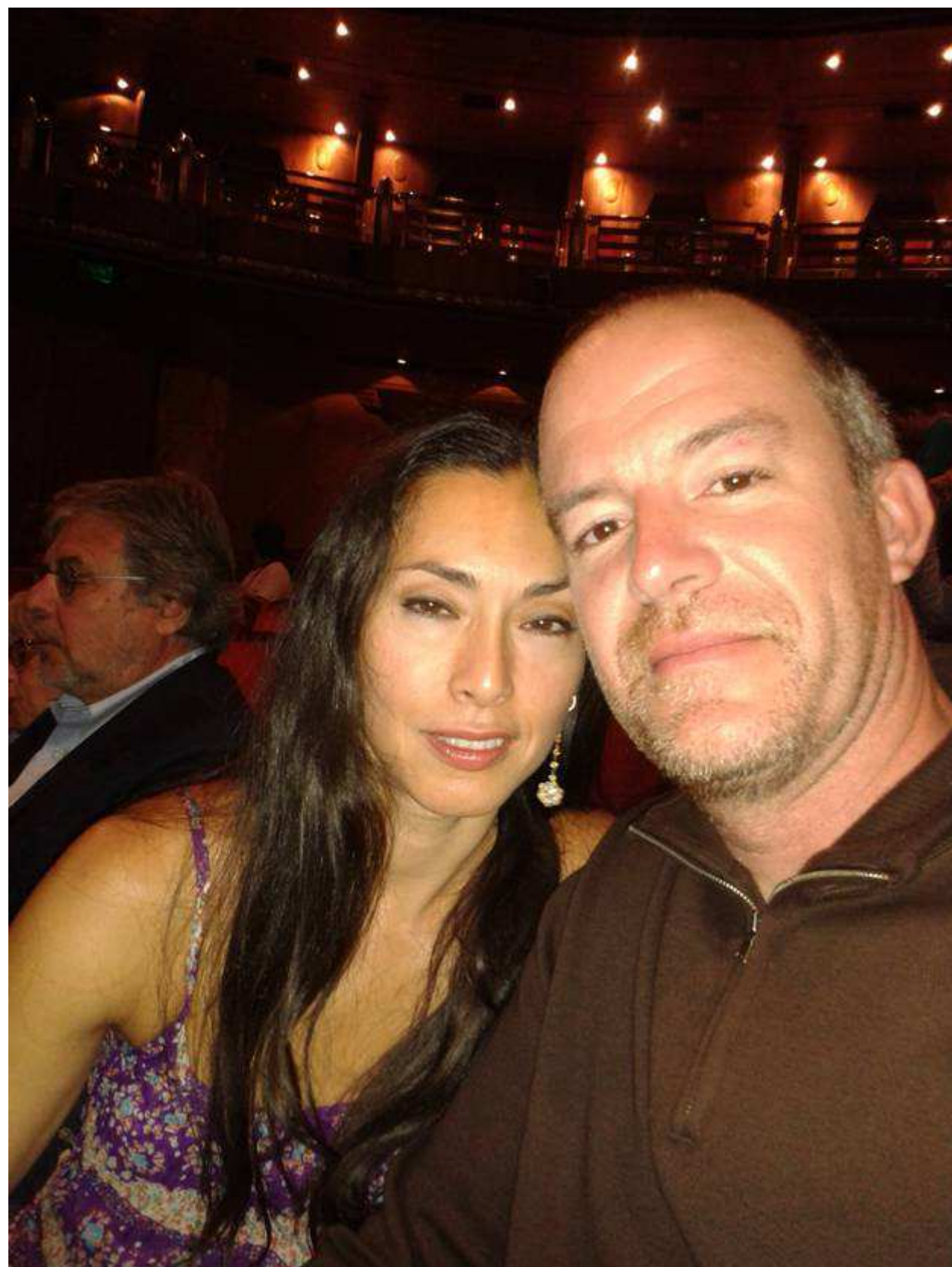


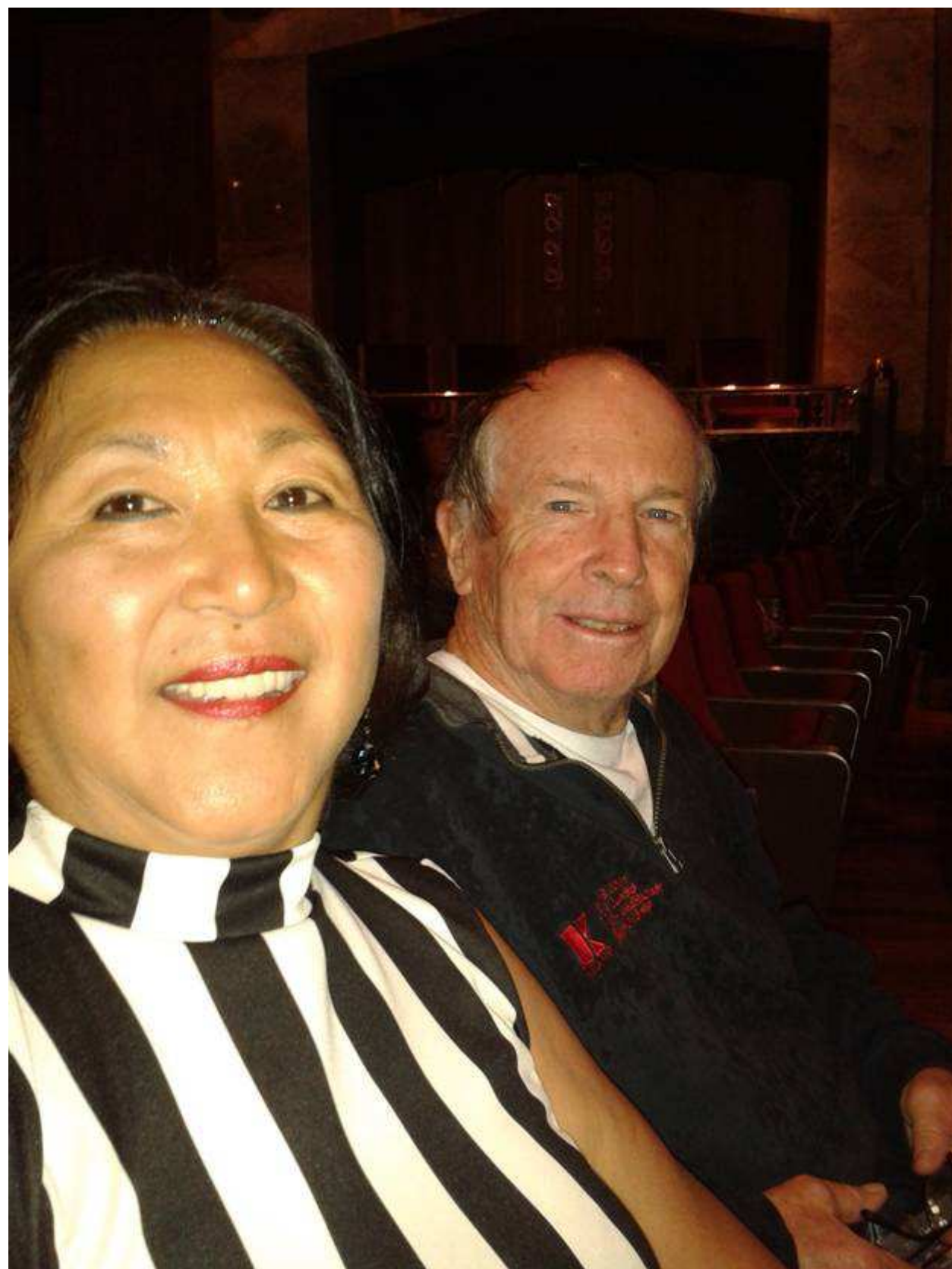




A Night at Belles Artes







Monday, November 11
Checking out how the rich people live!



Tuesday, November 12
At Tulyehualco for more corn-on-the-cob!





Wednesday, November 13
At René Acuña's house













Thursday, November 14
Eating out at Tulyehualco



Friday, November 15
At Chapultepec Park







Saturday, November 16
In Tlahuac on our way back to Acuña's house











Monday, November 18
Amecameca to see Popocatepetl and Iztac Zihuatl



Climbing Popocatepetl



and Itzac Zihuatl



Tuesday, November 19
In the morning out of our hotel window



Getting ready to go for a tour
of Popocatepetl and Iztac Zihuatl



On the flank of Popocatepetl



On the flanks of Iztac Zihuatl









A View of Iztac Zihuatl
from the Zocolo of Amecameca



Wednesday, November 20

Walking to the bus station
to catch the bus to Cuautla



Delicacies in Cuautla: Chapulines and Chumiles



At the train station in Cuautla





Thursday, November 21
Our hotel room in Cuernavaca







The Cathedral in Cuernavaca



And the amazing paintings inside it





The Spaniards were certainly really nice people!!!







Friday, November 22
On our way back to Mexico City



Sunday, November 24
At the flower market called Jamaica









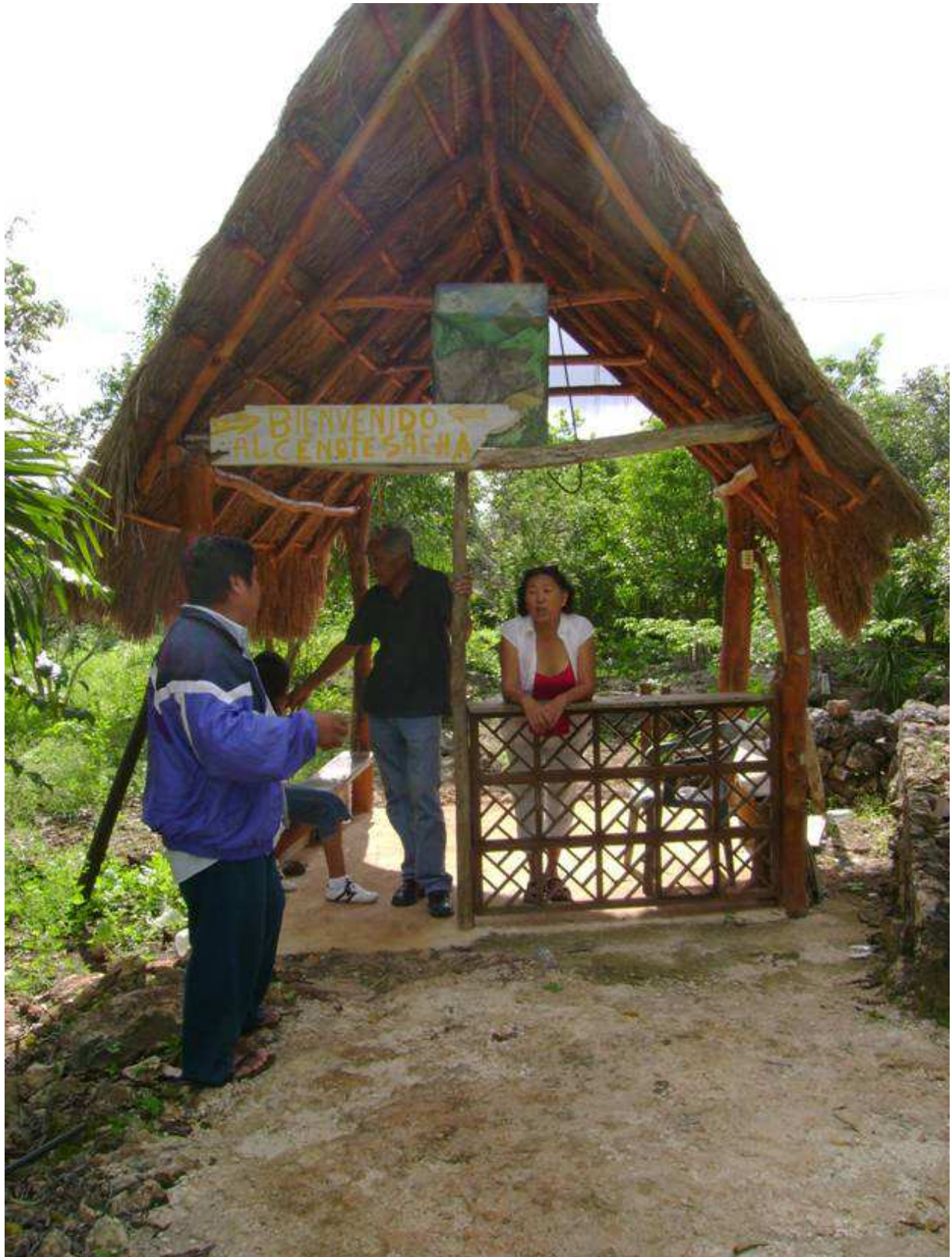


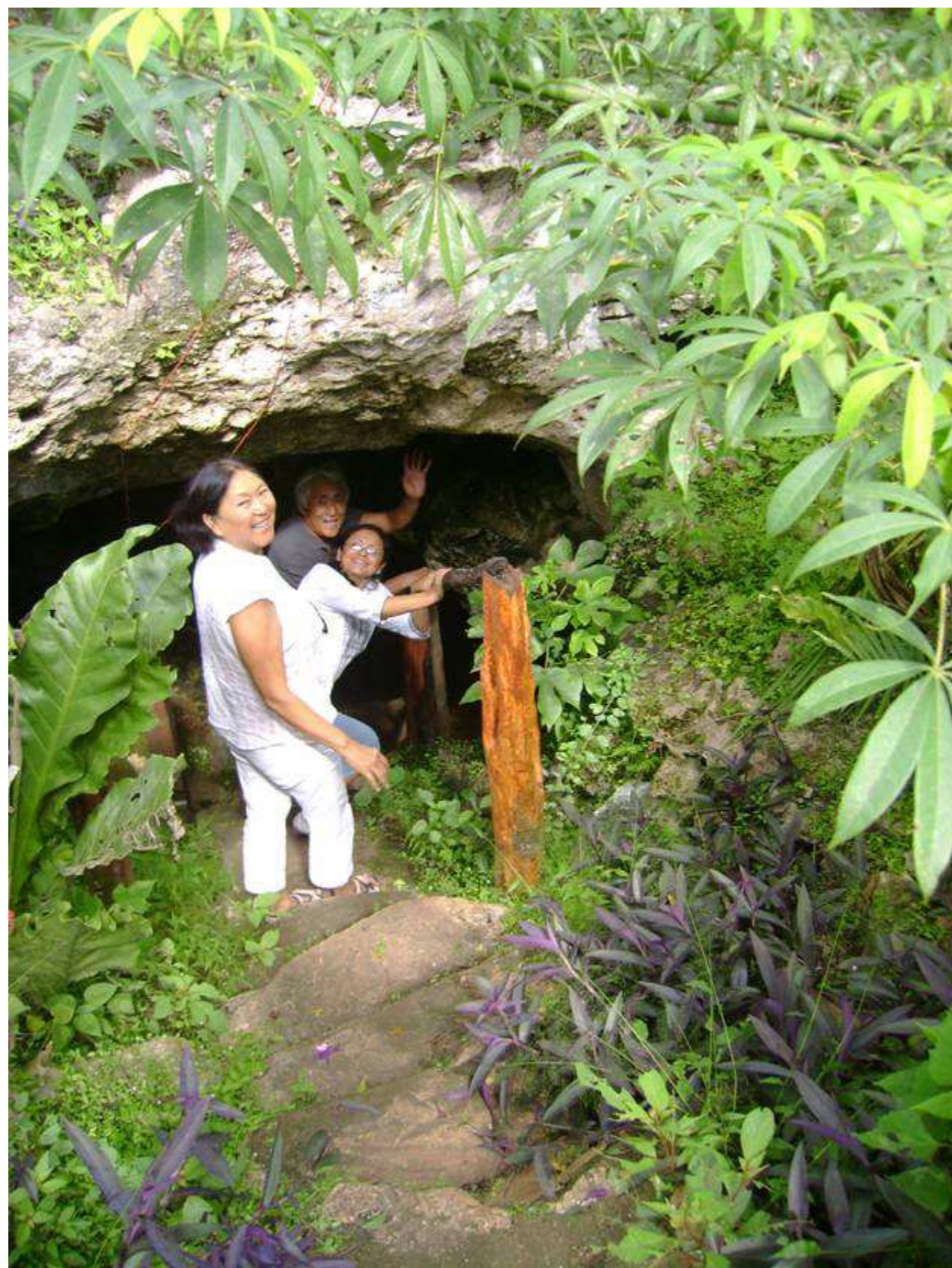






Wednesday, November 27
At the cenote Sac Ha in X-Can







Sunday, December 1
Making lunch at Lupe Morales' house





At El Mico



Wednesday, December 4
Our trip to Ecab and El Tintal





Humm! It all starts off peacefully enough!









But then the seas got rough!



so we got very wet!

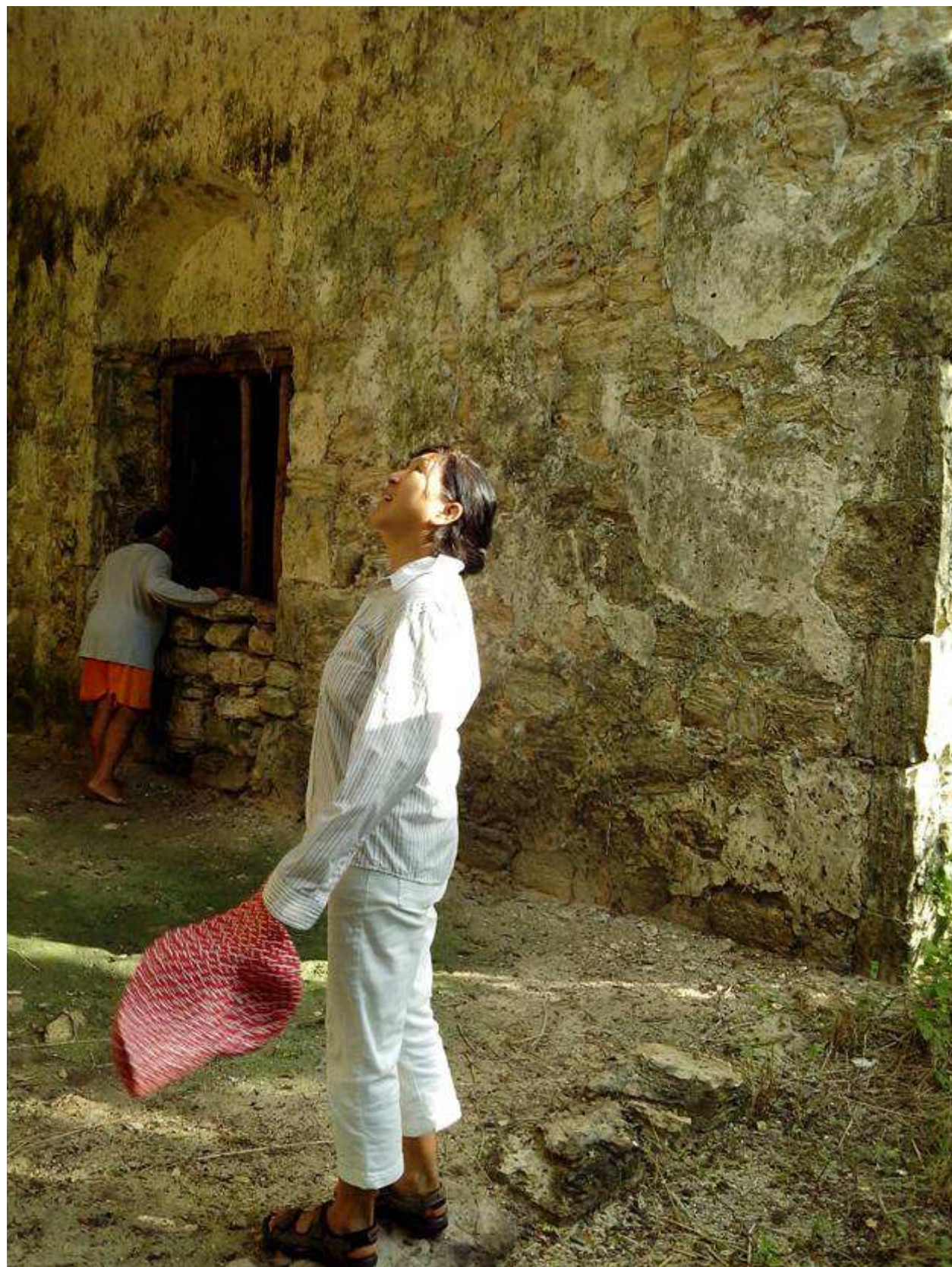


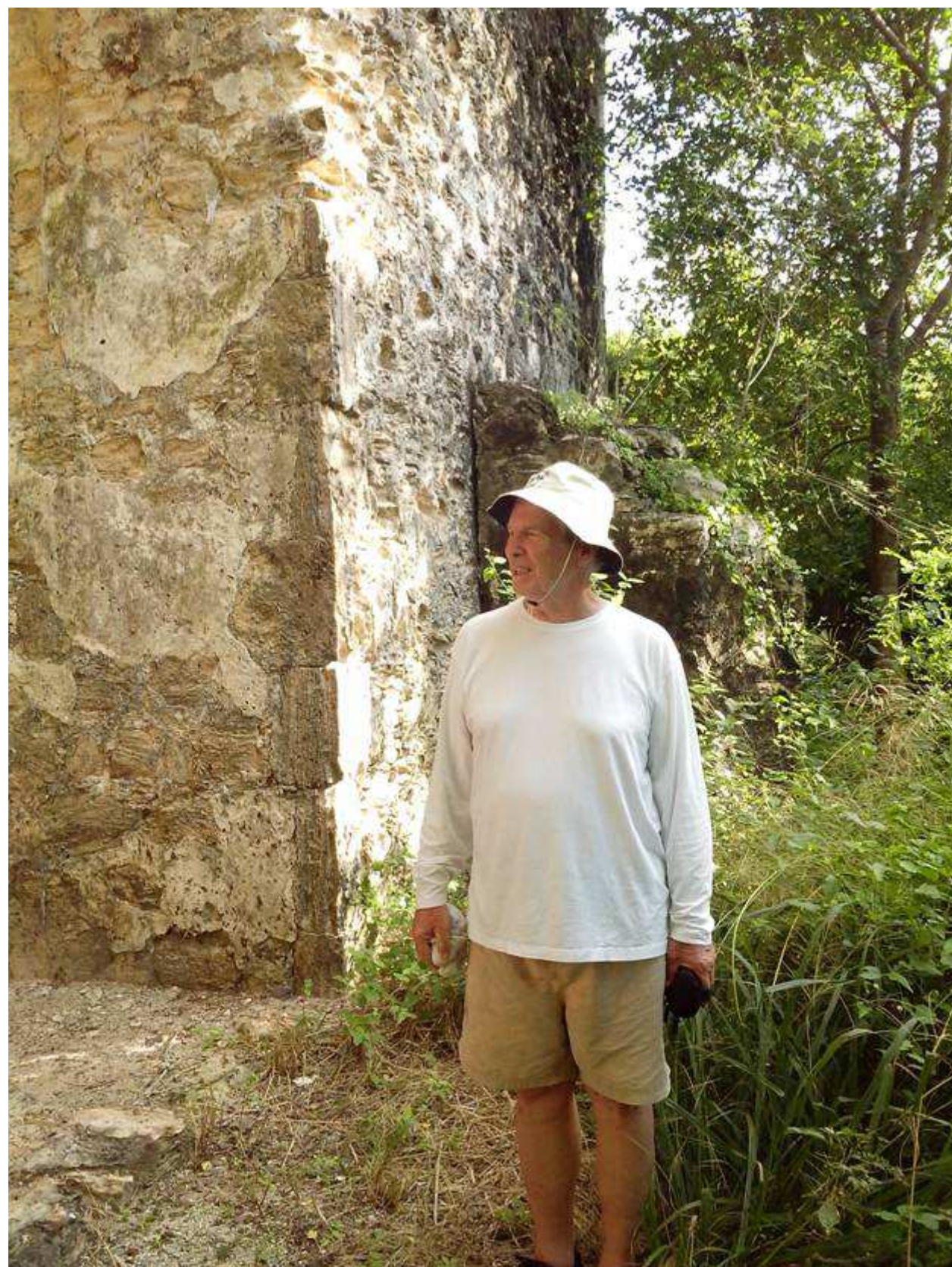


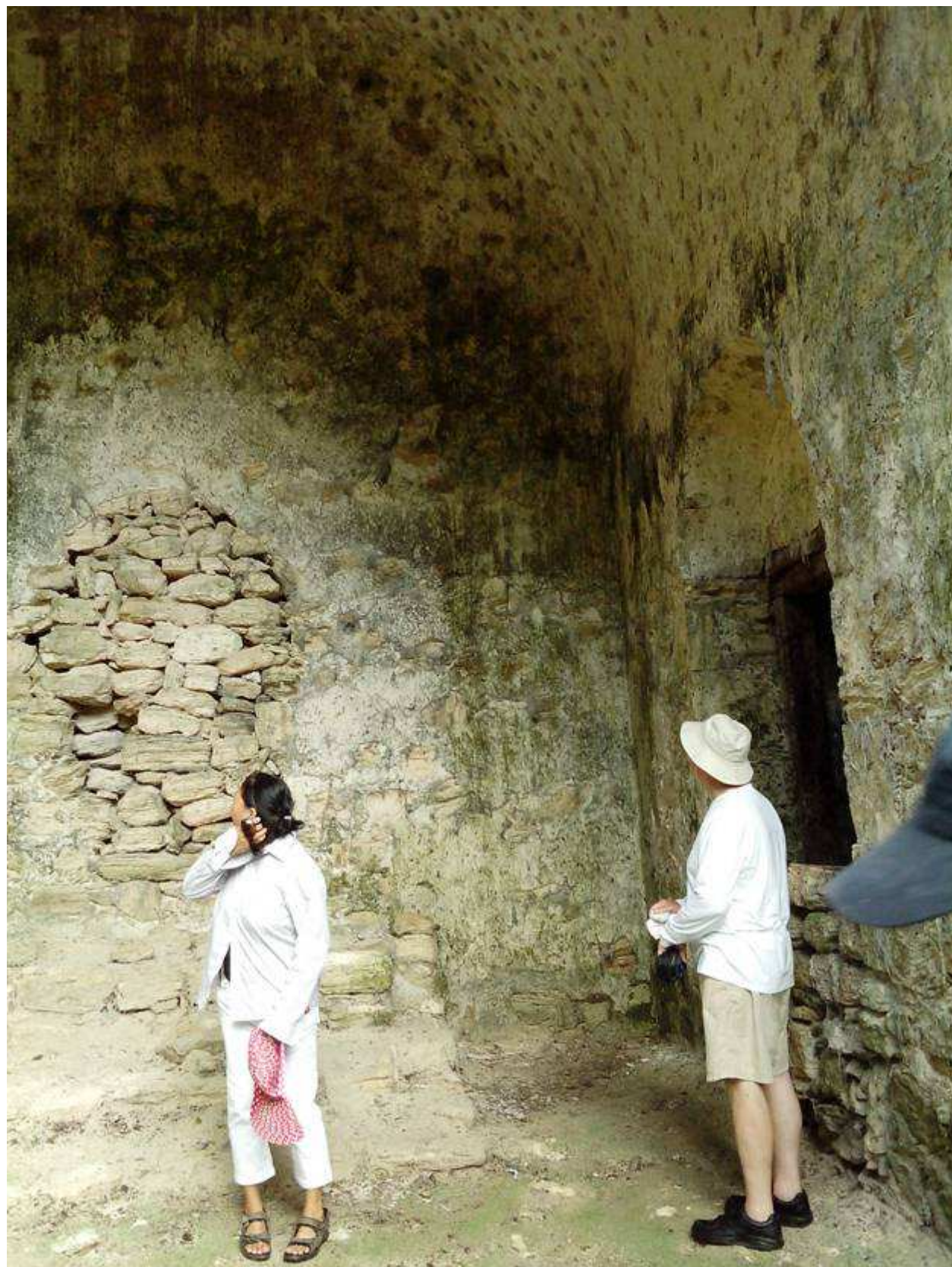
The ruins at El Tintal

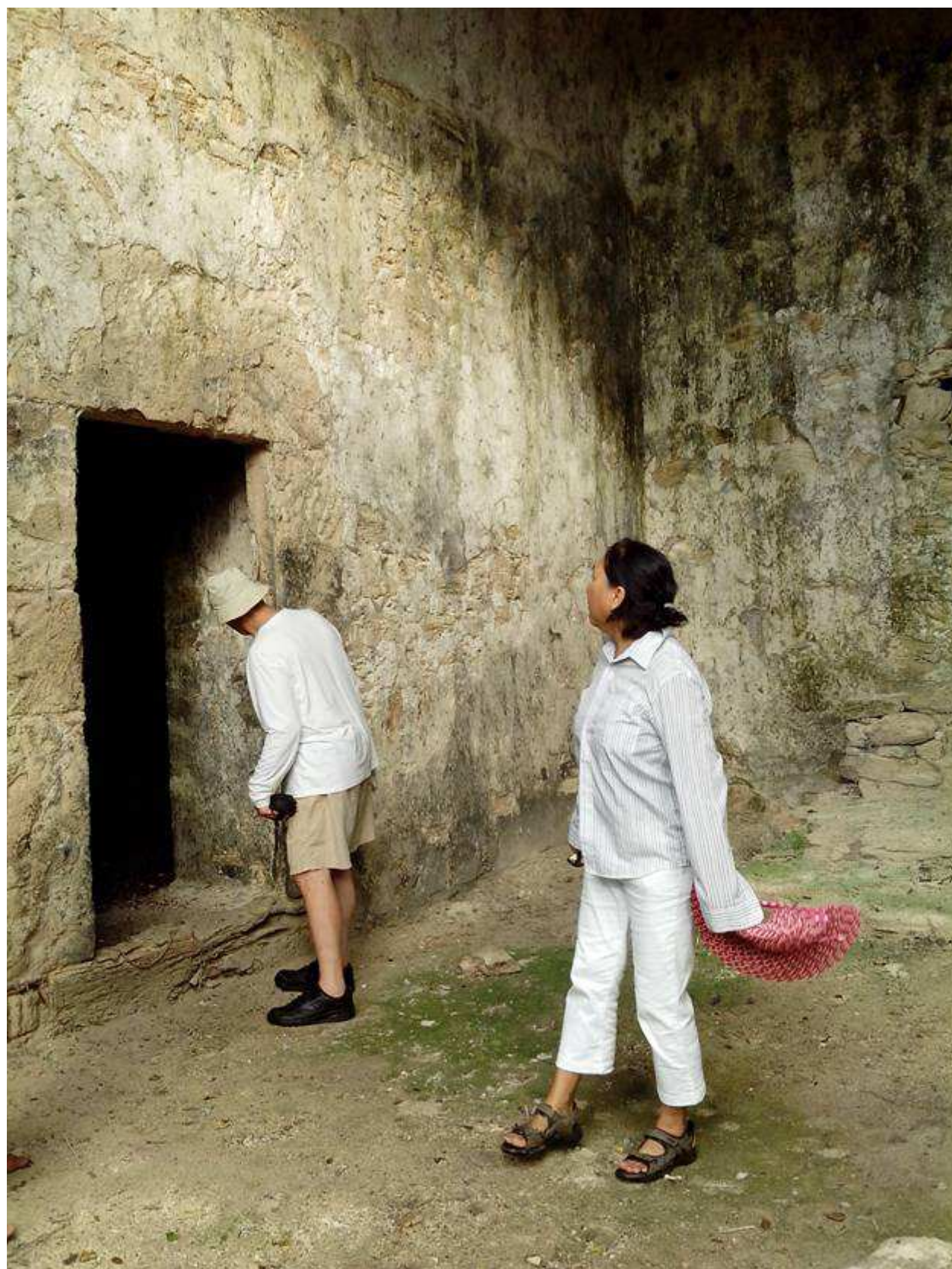








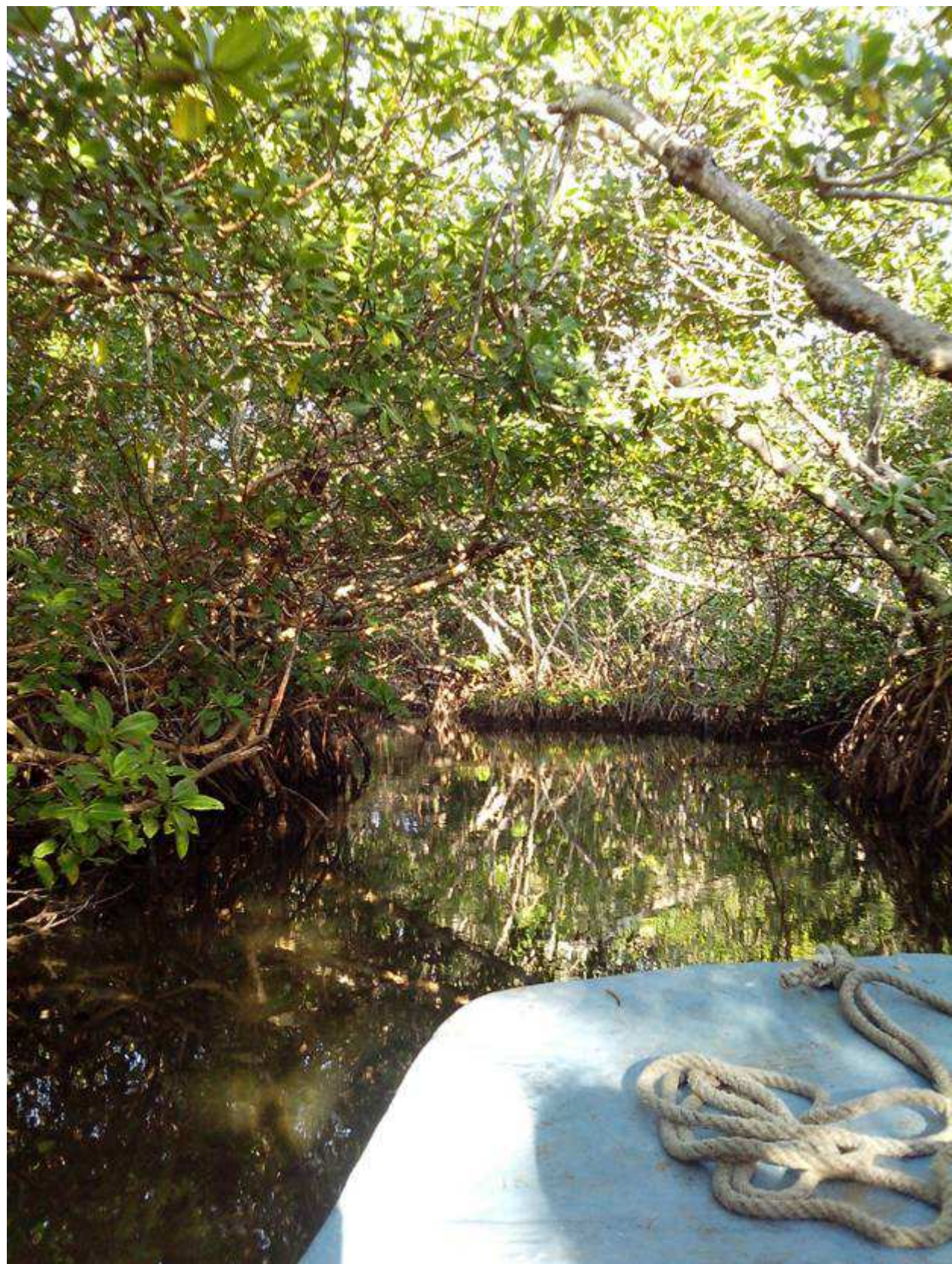




In the mangrove swamp







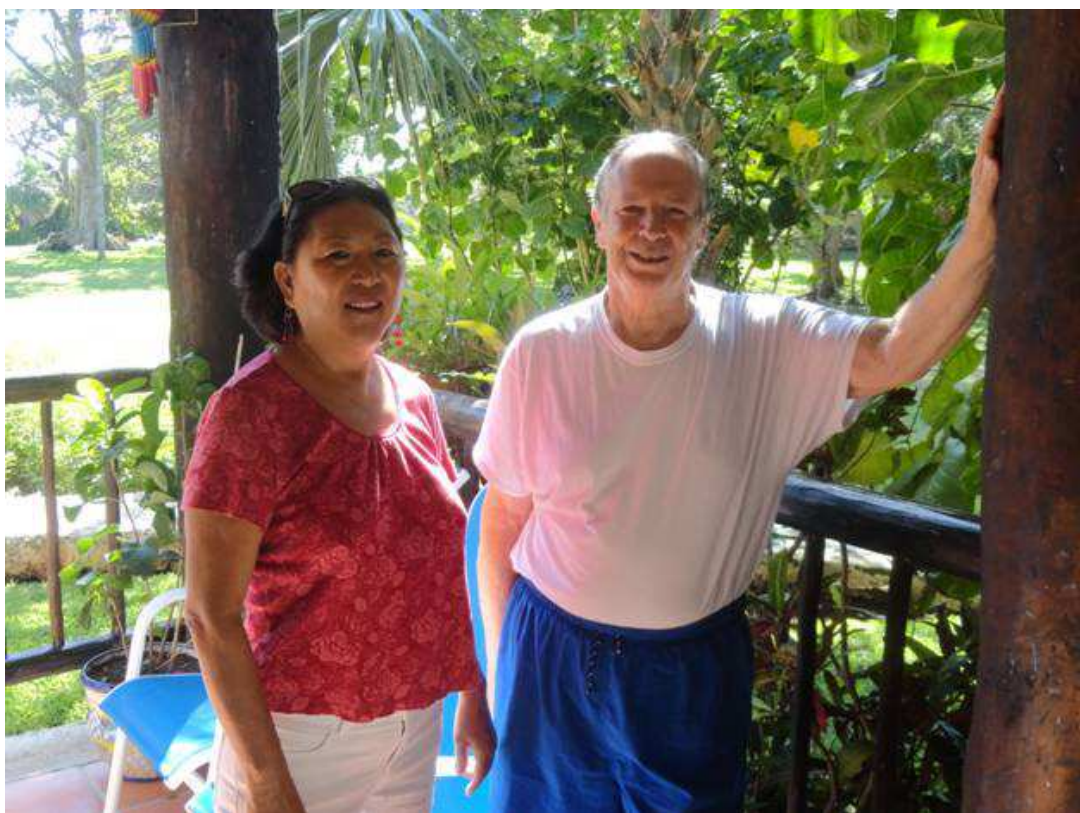




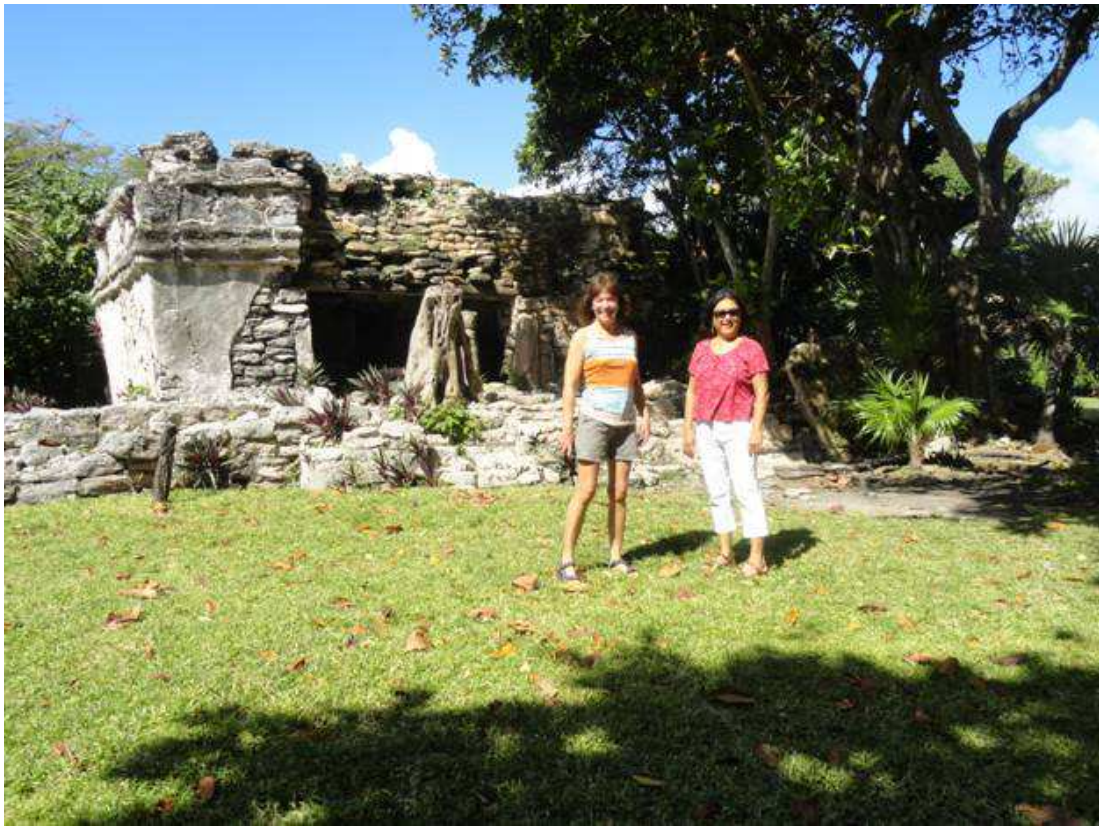
Getting ready for the trip home











Wednesday, December 11
A shopping trip to Valladolid





Nochi's favorite taco stand

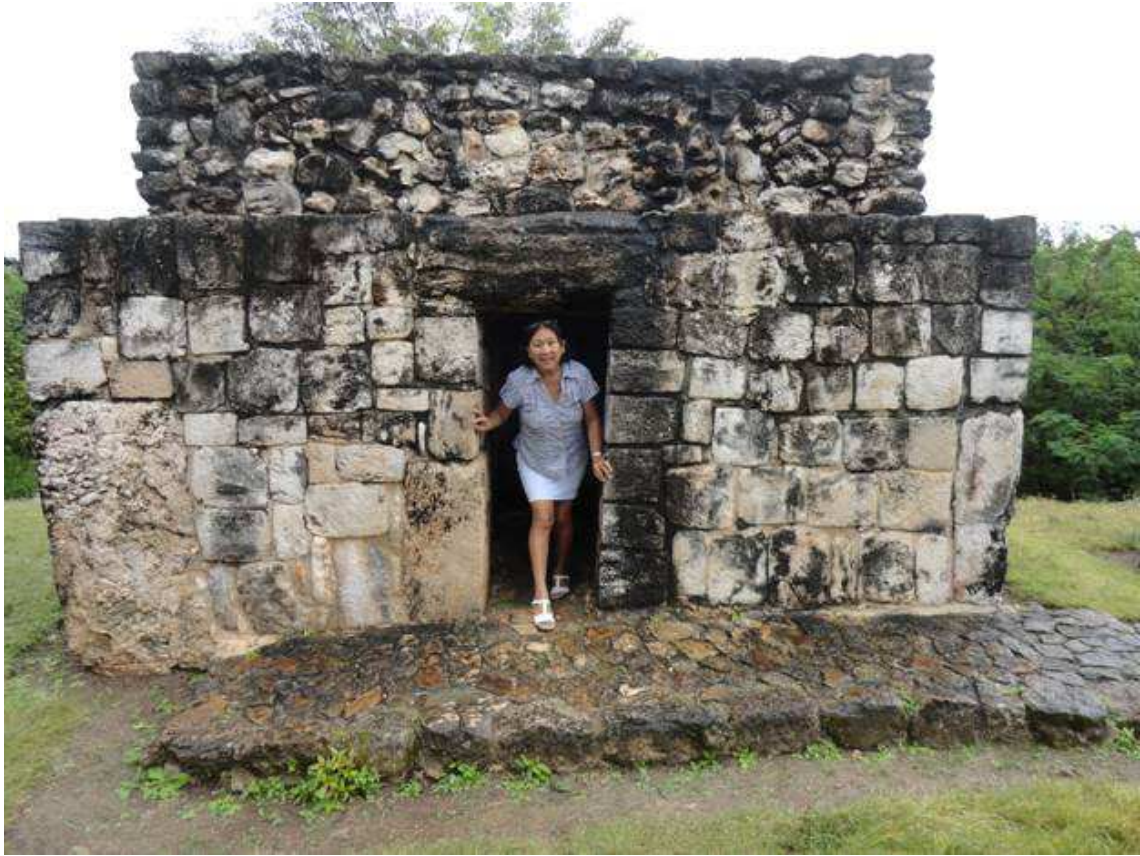




At Ek Balam



















Buying squash seeds for the restaurant



Peeling the squash seeds while waiting for the car to get fixed



Tuesday, December 17

The trip with Mucuy on the Ruta David
and on to Ruta Puuc





Wednesday, December 18
In the Franciscan Friary in Valladolid









At Izamal















Mayan motifs hiding in the masonry







The Ruinas de Ake and mushroom hunting





Thursday, December 19
In Kom Cheen with Mam Goya and Don Lio















In Acan Ceh







Friday, December 20
In Oxcutzcab and for the Ruta Puuc

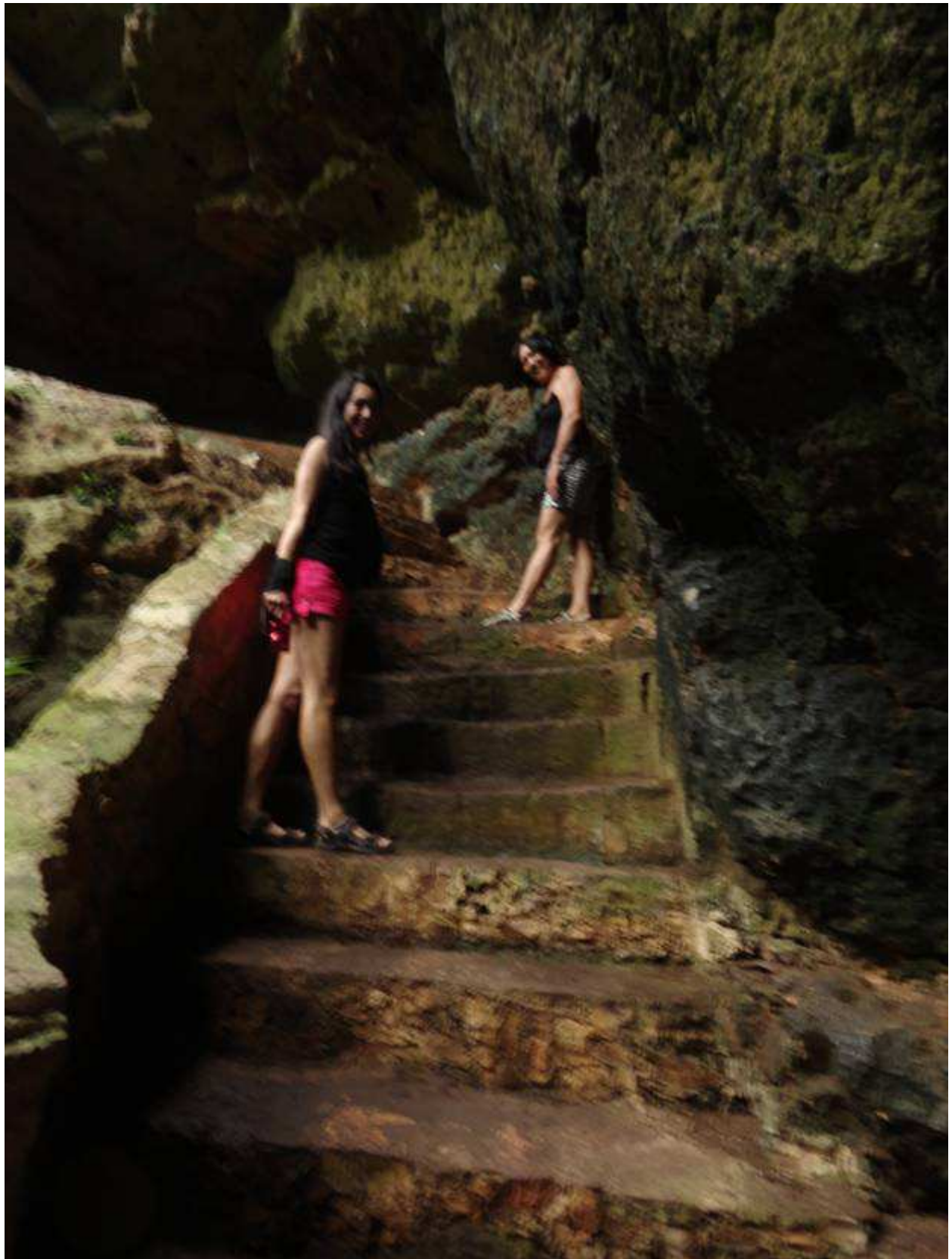




At the caves of Lol Tun

















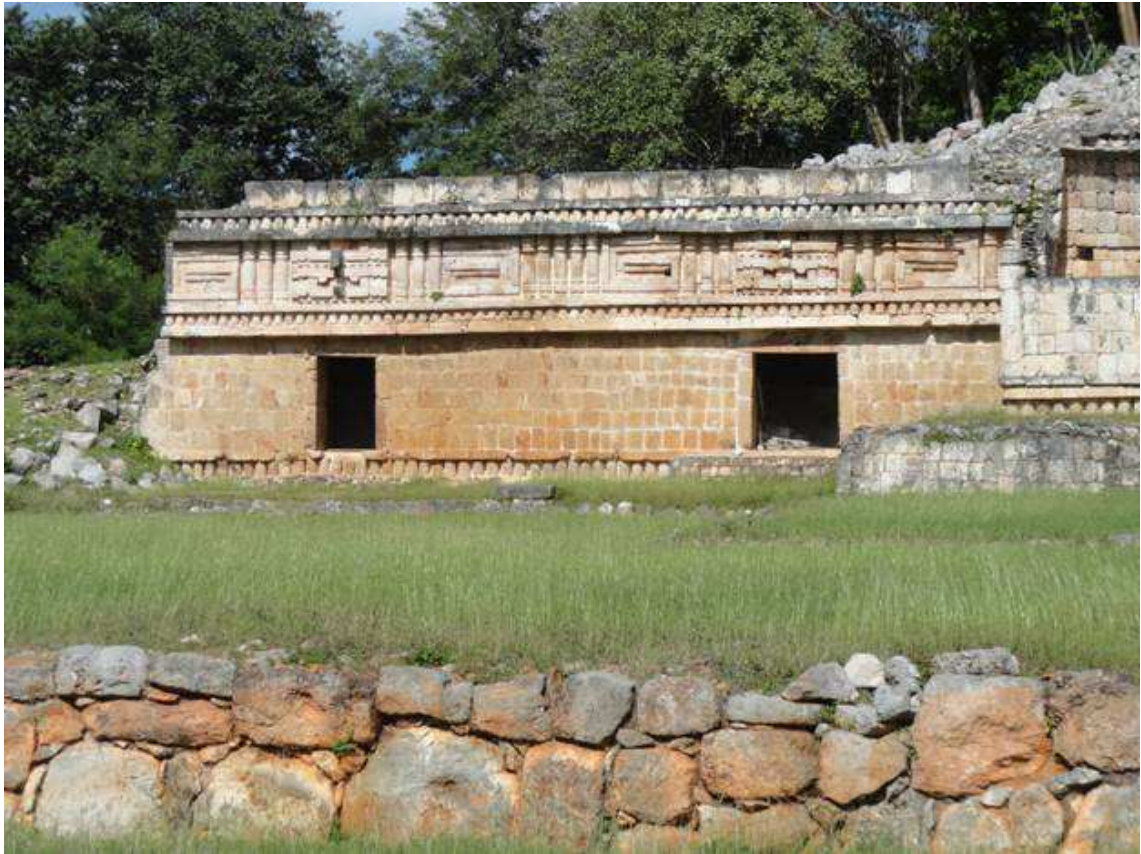


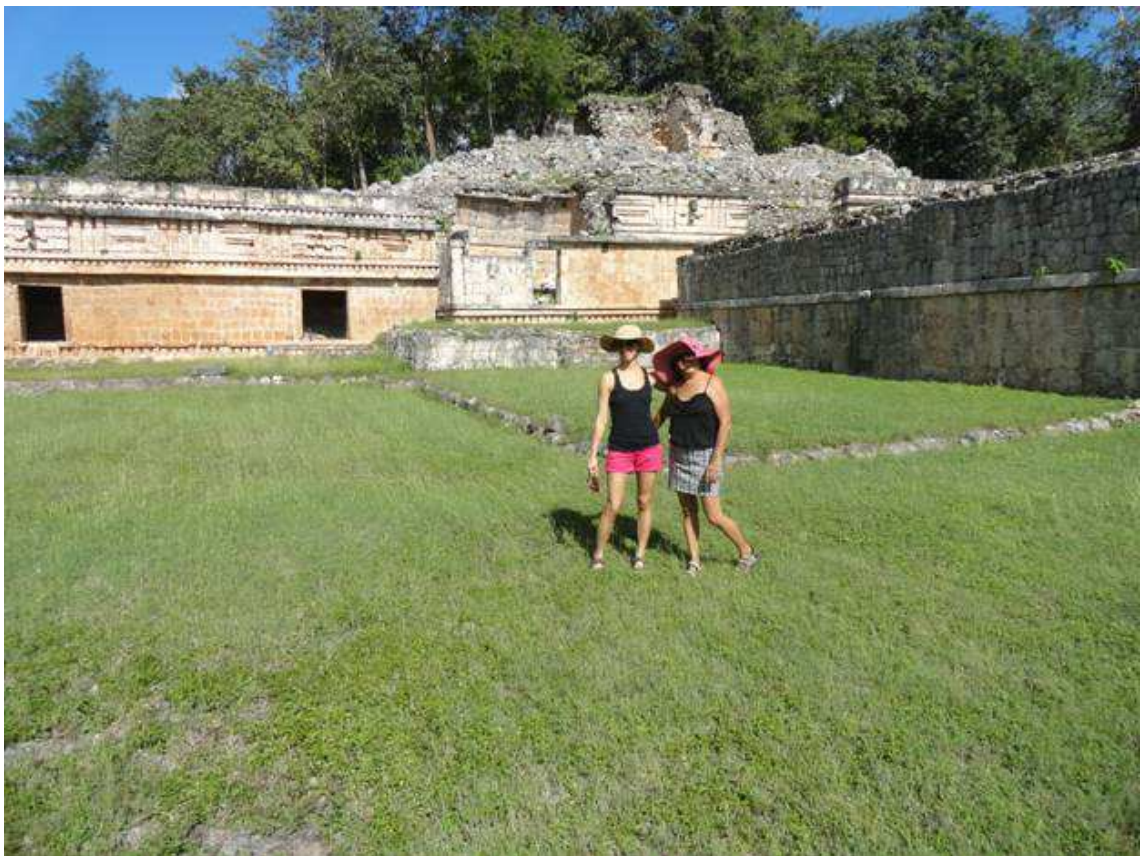




At Lab Na

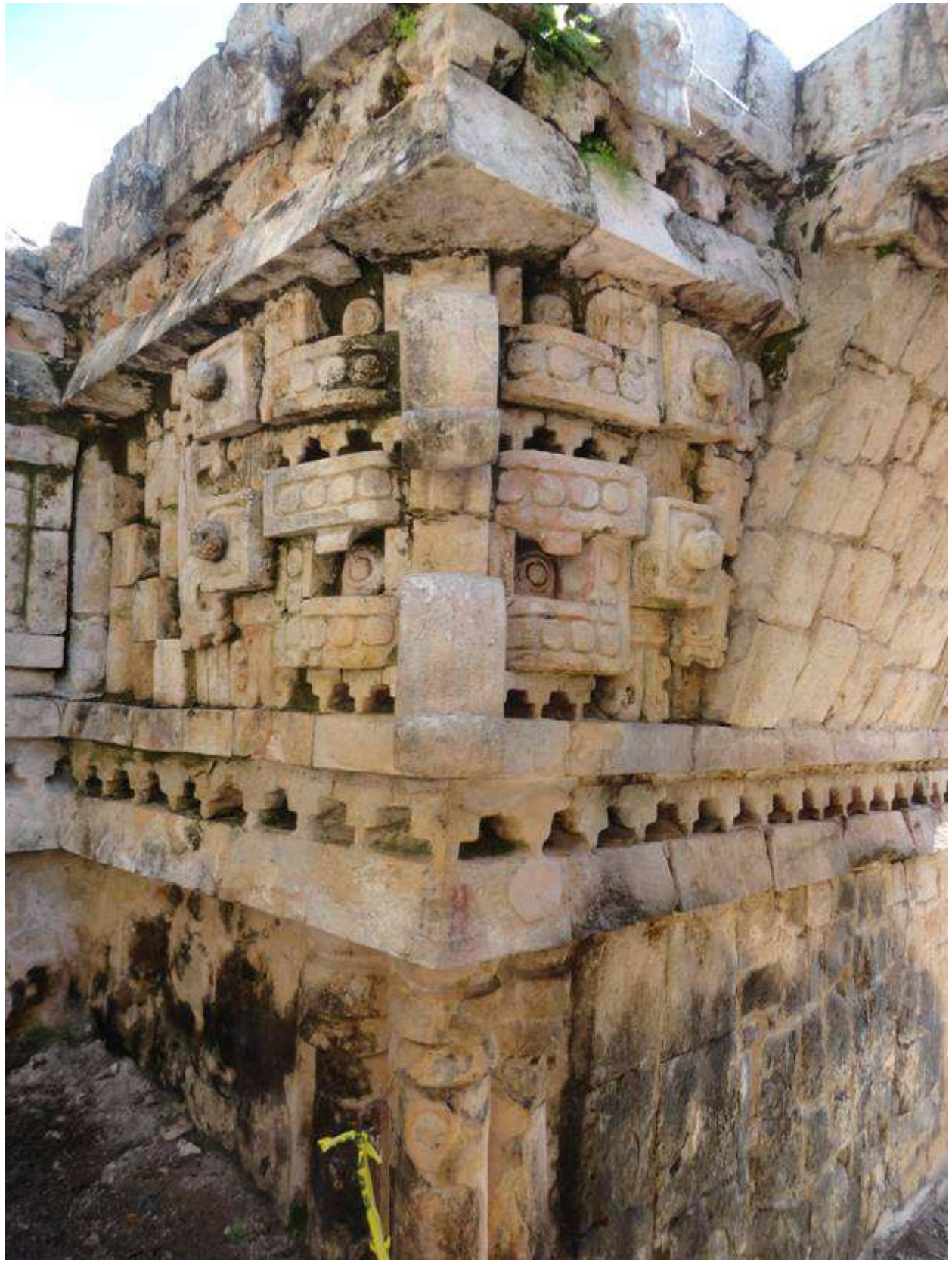






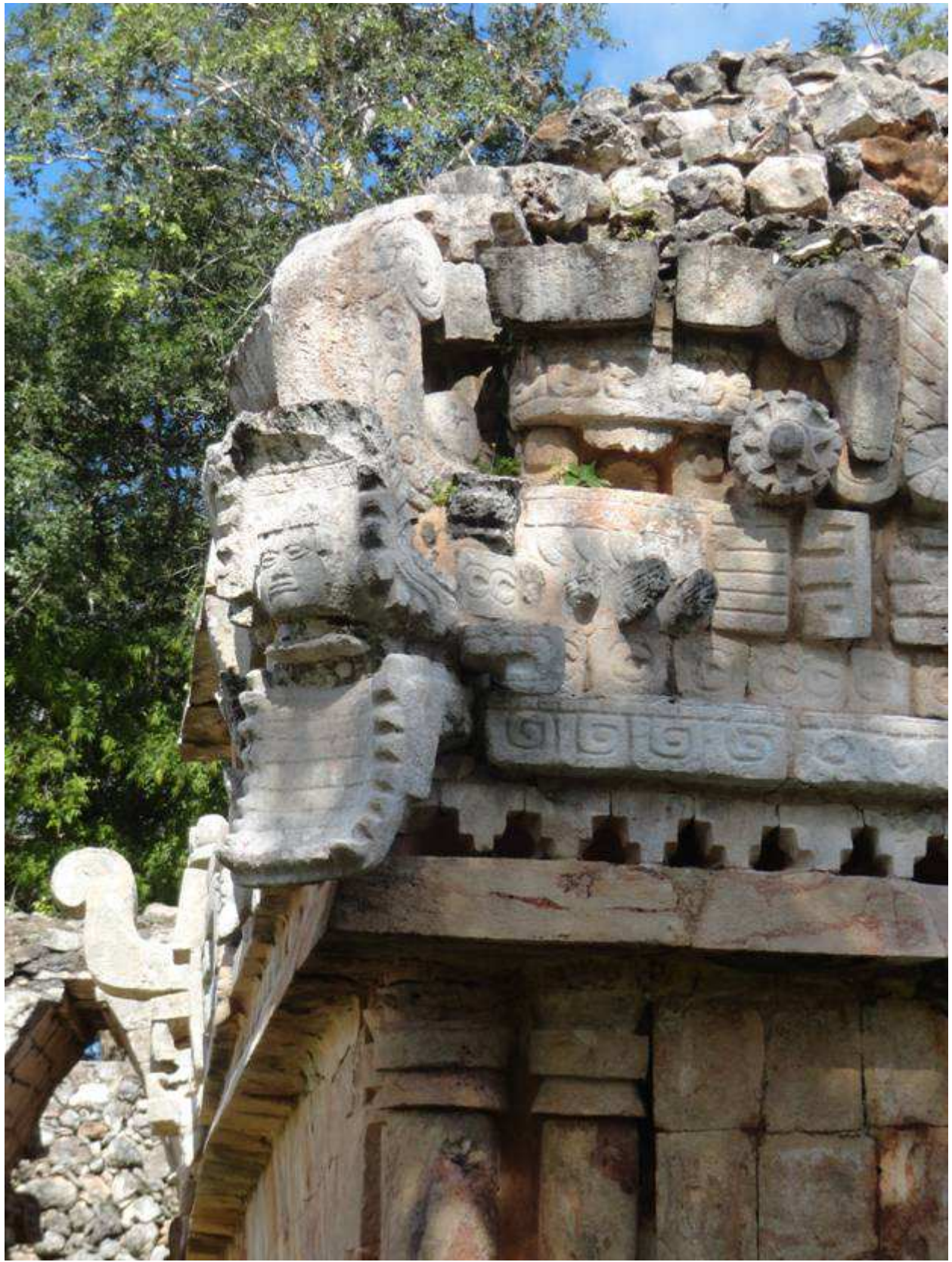




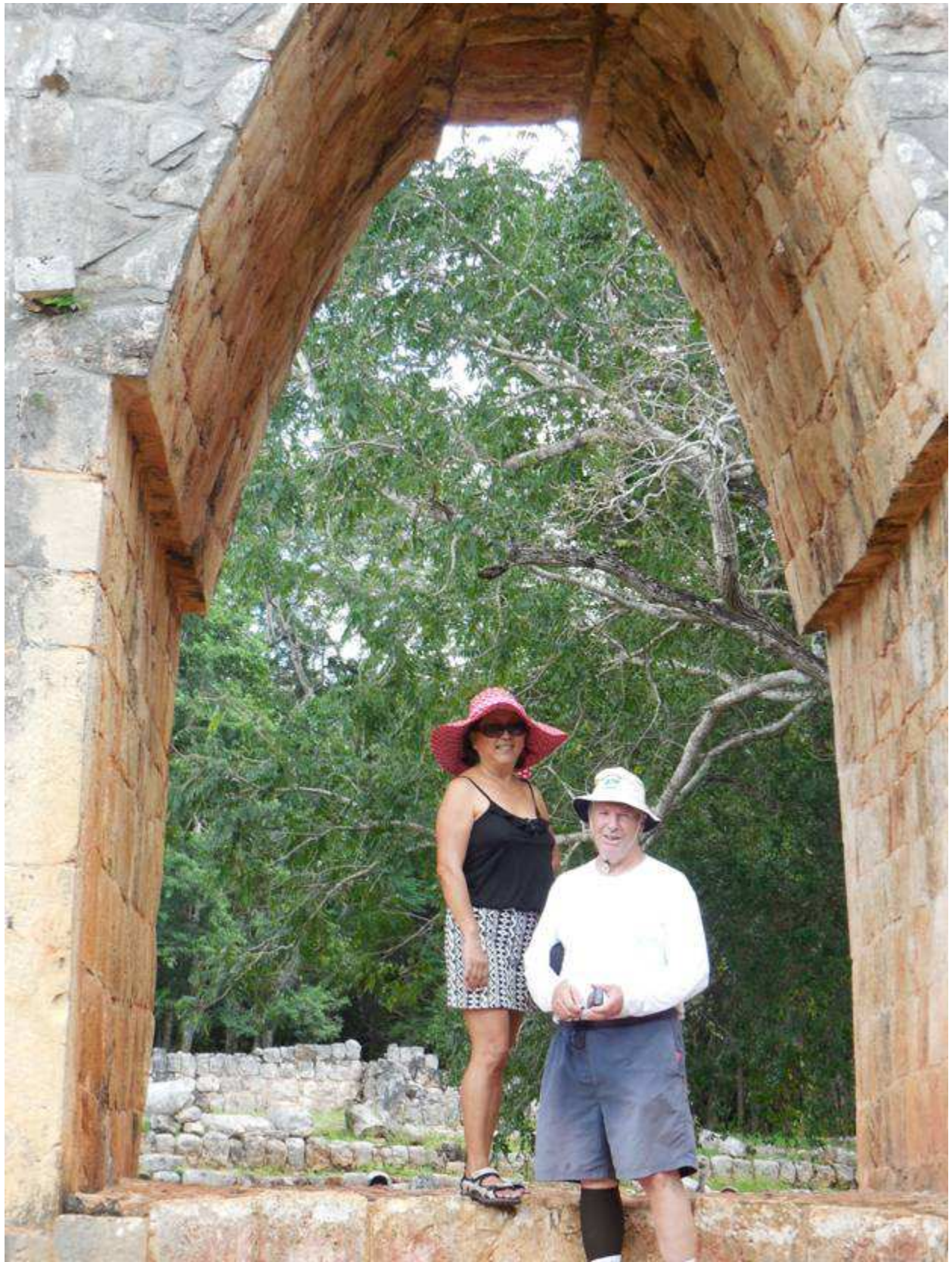






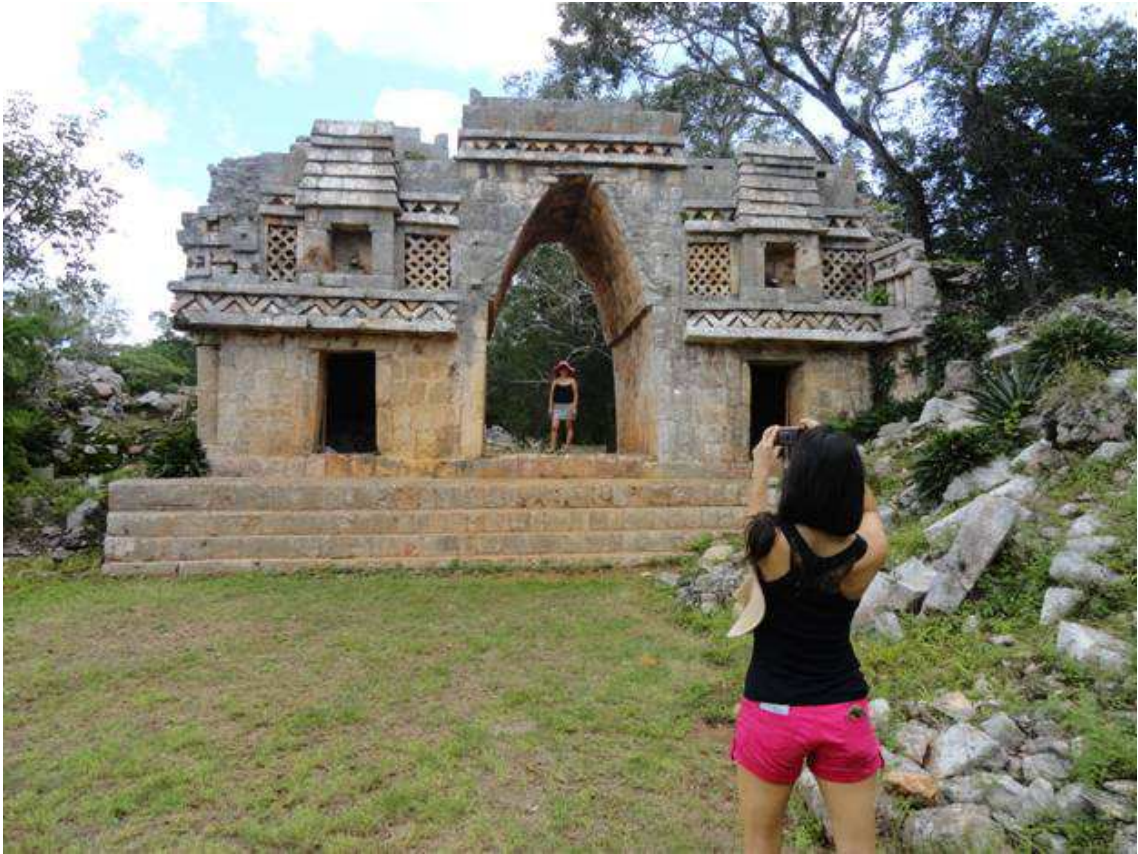


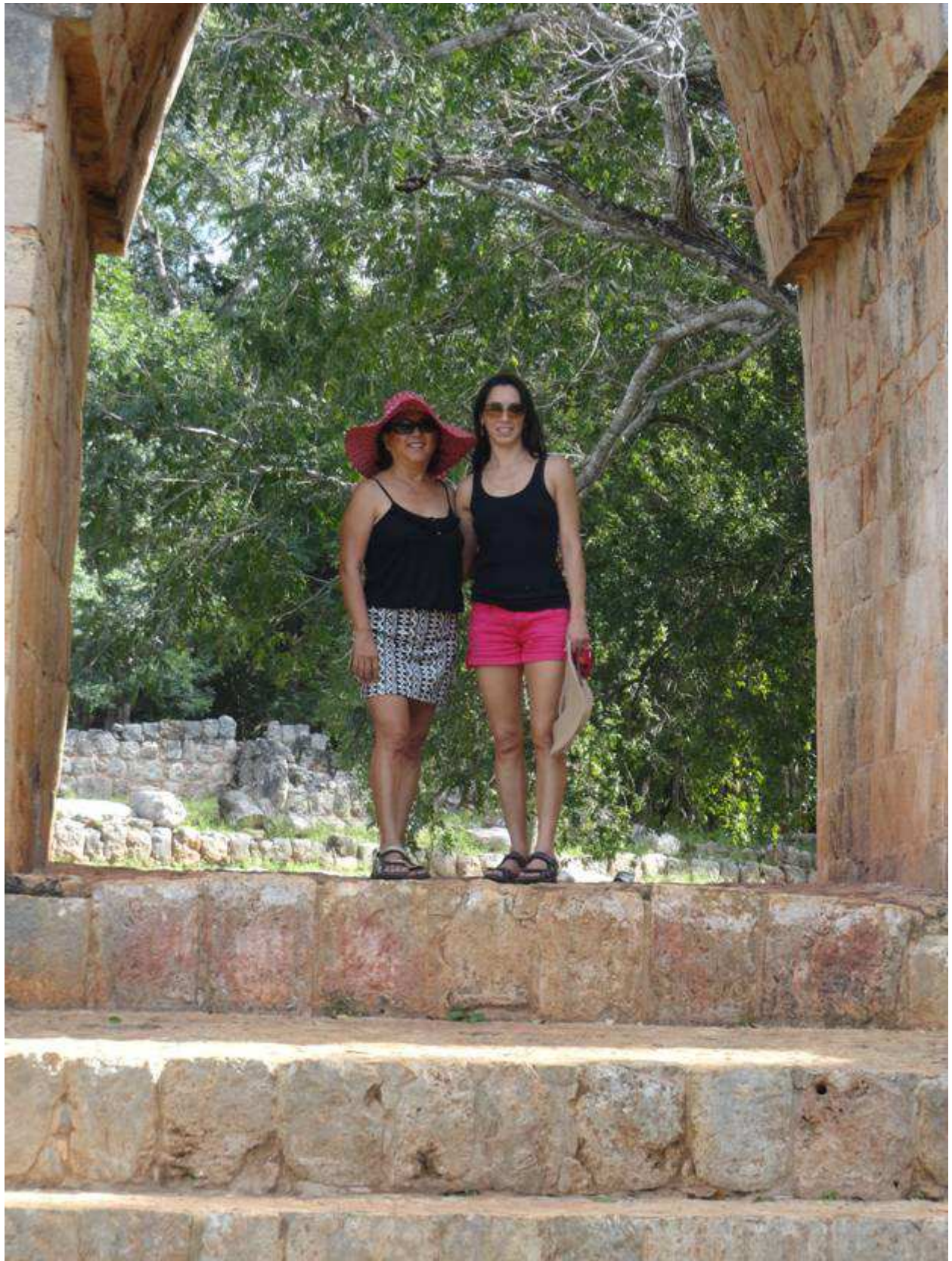


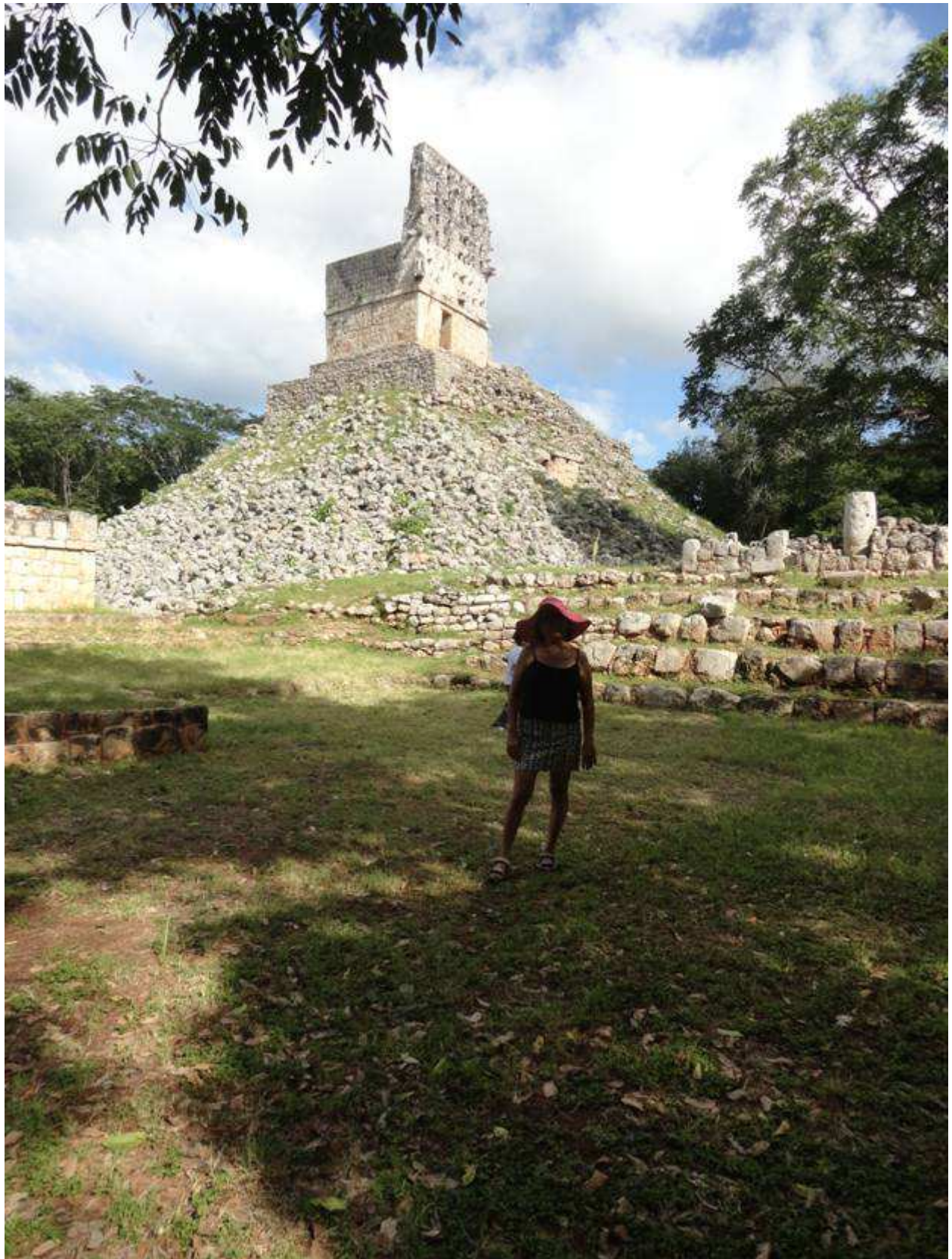










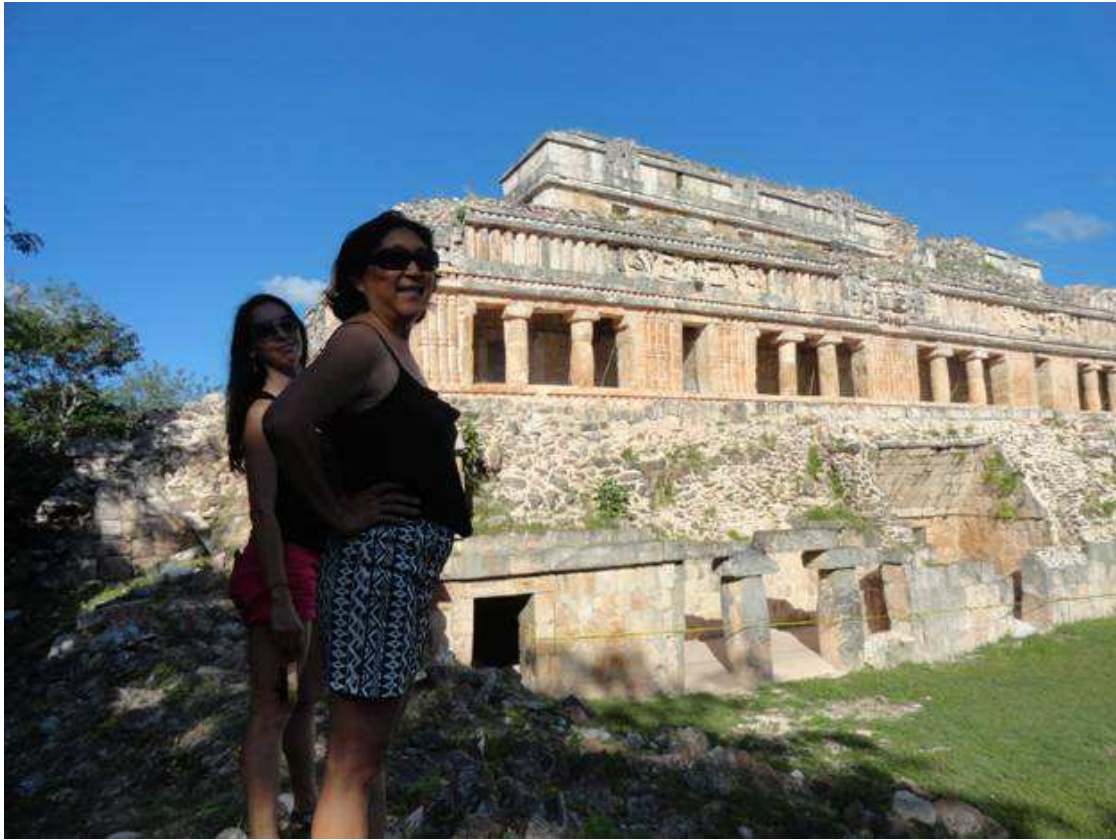




At X-La Pak



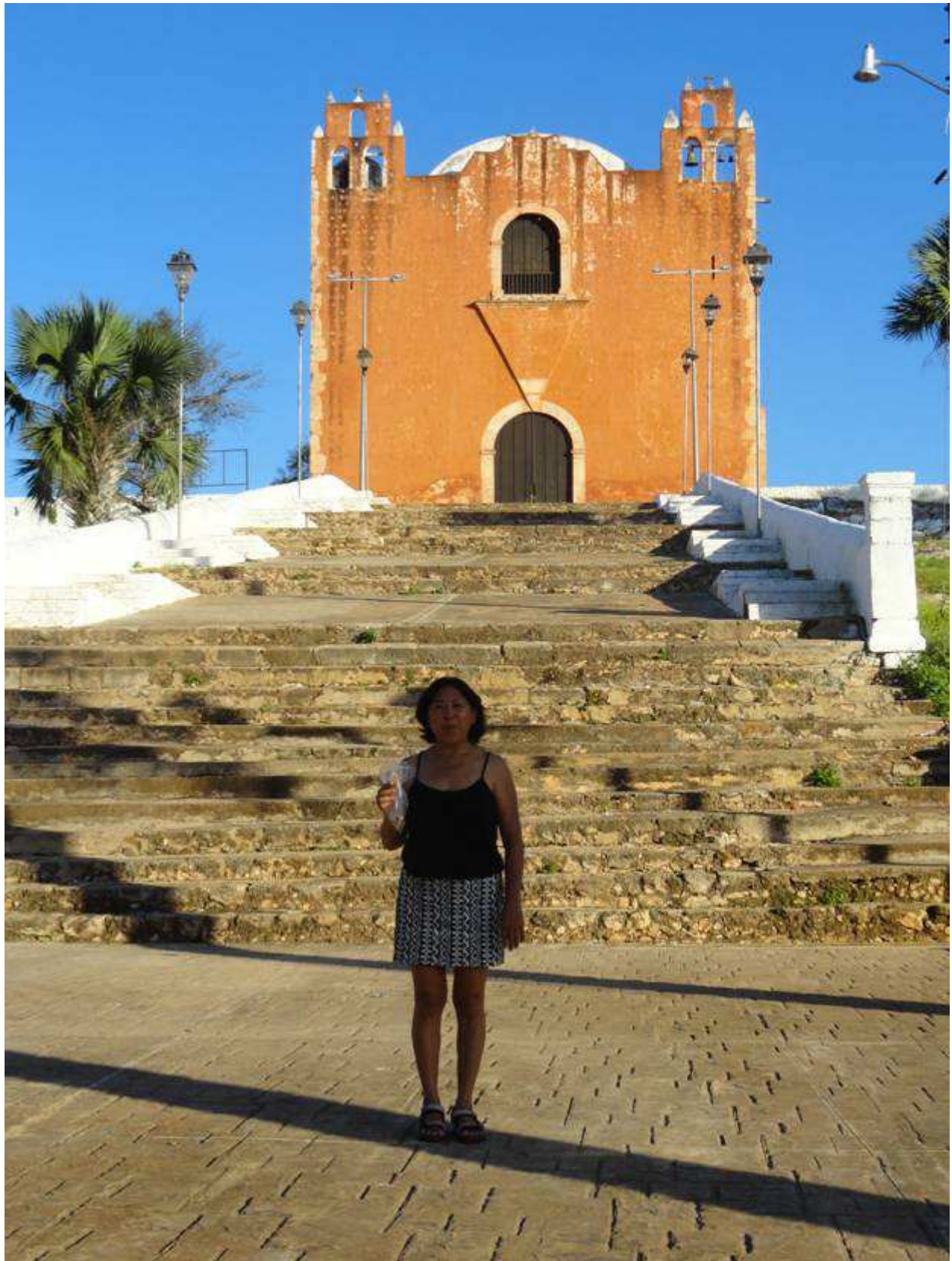
At Sayil







At Noh Cacab















The Actun at Noh Cacab

This actun at Noh Cacab which is now covered over with a drain grate is said to lead to the sacred well at Mani. The man standing in front of the grate, don Cantun, repeated the story often told about these passageways of the underworld. From these various stories it appears that the cenote at Mani is the focal point for many of these passageways, with passageways leading to the various important Mayan sites, some now ruins like Chi Cheen Itza and Uxmal, and some still living cities such as Ho (Merida) and Itzmal (Izamal).

Various spirits, especially the aluxes (dwarves), scurry long these subterranean passageways from one site to another.

At the cenote at Mani there lives an important mythical figure called X-Nuc Mani, or the Old Woman of Mani. The water in the cenote of Mani will be the last water available to drink when the end of the world comes, and in order to get a drink of water people have to sell their children to her, one cocoyol (about the size of a thimble) full of water for each child.



Dinner at Muna





Saturday, December 21: Breakfast at Dzibil Chatun



On the road home from Izamal through Valladolid back to Cancun.

